

**CHETTINAD DENTAL COLLEGE AND
RESEARCH INSTITUTE.**

**DEPARTMENT OF PUBLIC HEALTH AND
PREVENTIVE DENTISTRY**

SPECIAL EVENT REPORT

D - BATCH

**NATIONAL ANTI-DRUG ADDICTION DAY-
OCTOBER -2**



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➤ **What is National Anti-drug addiction day???**

The National Anti-Drug Addiction day was observed on 2 October across the country. It was observed to mark the birth anniversary of Mahatma Gandhi who condemned the use of drugs.

The aim of the day is to make India free from drug and to preserve the integrity and talent of our youth. The day was created by the Union Government against the backdrop of growing drug addiction in the country.

We, the students of D batch of BDS final year, conducted a special event “NATIONAL ANTI-DRUG ADDICTION DAY” on October 1, 2019.

➤ D batch:

- Naafia fathima
- Namarrathaa sree
- Nawin subhaganesh
- Neha Naomi
- Nehrthika
- Padmajaa
- Pavithra harikrishnan
- Pavithra rajkumar
- Pavithra rathinaswamy

- ✚ Pavithra Lakshmi
- ✚ Prabavathi
- ✚ Prasanth
- ✚ Priyadarshini

We, as a team, split the preparation work among ourselves and made the colourful badges and pamphlets, informative charts and skit to create awareness among the students about the theme of the day, ill effects, behavioural changes and how to help the addicts to overcome it.

Charts and others prepared and the people prepared it:

- ✚ Logo design- Namarrathaa sree
- ✚ Badges : Namarrathaa sree and Pavithra Lakshmi
- ✚ Pamphlets : Pavithra rathinaswamy
- ✚ Chart on behavioural changes: Pavithra rajkumar, Padmajaa, Prabavathi and Priyadarshini
- ✚ Chart on Rehabilitation and how to control addiction- Nehrthika, Neha Naomi, Naafia fathima
- ✚ Skit co-ordinaters-Pavithra harikrishnan, Prasanth and Nawin subhaganesh
- ✚ PPT preparation: Pavithra harikrishnan and Neha Naomi
- ✚ Feedback forms: Neha Naomi



➤ **Aims:**

- ✓ To create awareness on the ill-effects of drug usage.
- ✓ How to identify drug addicts through their behavioural changes and help them to come out of it, as a medical professional.
- ✓ To provide awareness for the students not to indulge themselves in drug usage and also prevent their friends, relatives and others to practise it.

➤ **Venue:**

The programme was held at the BDS second year lecture hall on October 1, 2019, from 12.00pm to 1.15pm.

➤ **Participants:**

The participants of the programme were BDS second year students.



➤ **Events conducted:**

In morning, we were organising for the programme by practising skit along with chart preparation.

In the lecture hall, discussion with the students about “National Anti-drug addiction day” was done.

A power point presentation for orientation on “National Anti-drug addiction day” was given to the students by Pavithra harikrishnan and Neha Naomi.



Followed by, a skit was performed by our batch in front of the second year students with the topic “Prevent drug use and protect your youth”.

➤ **Skit on National Anti-drug addiction day:**

The main aim of our skit is to show the different events of life which might lead us to the habit of drug usage. We have done our skit in three different scenarios. They basically focus on how the person gets addicted to drugs, alcohol and smoking, what are the effects on their own body, to their family and the society.

SKIT PARTICIPANTS AND ROLES PLAYED:

Nehrthika – Narrator

Namarrathaa sree – Daughter (drug addict)

Pavithra harikrishnan- Medical professional (drug addict)

Nawin subhaganesh- College student (junior) (drug addict)

Naafia faathima-College student (junior) (drug addict)

Neha Naomi- Doctor in de-addiction centre

Priyadarshini –Mother of Namarratha sree

Prasanth- Father of Namarratha sree

Pavithra Lakshmi- Pavithra harikrishnan's fiancée

Padmajaa- College senior

Pavithra rajkumar- College senior

Prabavathi – Naafia's sister

Pavithra rathinaswamy- Conclusion speech

Scenario 1:

A studious and cheerful school girl Namu, who lost her care and hope from her parent, is the main character. Her parents quarrel every day, since her father is an alcohol addict. He always fights with his wife and even beat his child. His wife is a powerless women who can only cry seeing her family's condition. Namu who is cheerful became depressed day by day because of loss of affection from her family and started the habit of alcohol consumption without her parent's knowledge. After some months, this was found by her parent. They were shocked and then realised the mistakes they did to their child and joined her in de-addiction centre for her recovery.

Scenario 2:

Pavi, a medical professional, was engaged to a man. She came to know that she was fooled by him, when she saw the wedding invitation of him with another girl. She was very depressed and cried a lot. To forget the pain in her heart, she started taking drugs. Though she is a medical professional and knew the effects of drug addiction, she took drugs just to relieve herself out of pain. Her friend noticed her behavioural changes and advised her. Then she took her to the de-addiction centre.

Scenario 3:

Nawin along with his two seniors were smoking in a place. Then, there comes Naafia who doesn't have the habit of drinking or smoking. But she was forced by her peers to

smoke and drink. Though she avoided initially, an eagerness to drink and smoke made her do it. On one day, she gets a call that her sister was seriously injured and was admitted in the hospital. But she was not stable since she is drunk. With the help of Nawin, she somehow reached the hospital. Unable to give blood, she watched her sister dying in her arms. Then she realised her mistakes, in the loss of one life and goes to de-addiction centre along with Nawin.



When all these characters were meeting in one place, each one came to know about others and helped them de-addict.

➤ **Statistical feedback of students:**

The students watched the skit and asked many doubts. Feedbacks were got from them through a questionnaire.



Batch D PHD 2019-2020 – National Anti-Drug Addiction Day - 1/10/2019

Age/Sex:

1. Do you know the importance of the day?
2. Have you ever tried any drug? If yes, what was it? And what was your reason to try it?
3. Have you ever heard of any of the following drugs? If so, how?
 - (a) Marijuana (grass, pot) or hashish (hash, hash oil)
 - (b) Amphetamines (uppers, pep pills, bennies, speed)
 - (c) Ecstasy
 - (d) LSD
 - (e) Cocaine
 - (f) Heroin
4. Do you have any friends who might be abusing drugs?
5. Are you aware of the various adverse effects of drugs?
 - (a) Physiological
 - (b) Behavioral
 - (c) Psychological
 - (d) Socially
 - (e) Financially
6. Are you aware of the various de-addiction centers in the city and how they work?
7. Do you feel like you've learnt something new/useful today?
8. How much will you rate the awareness program? (out of 10) :

Suggestions if any:

RESPONSES:

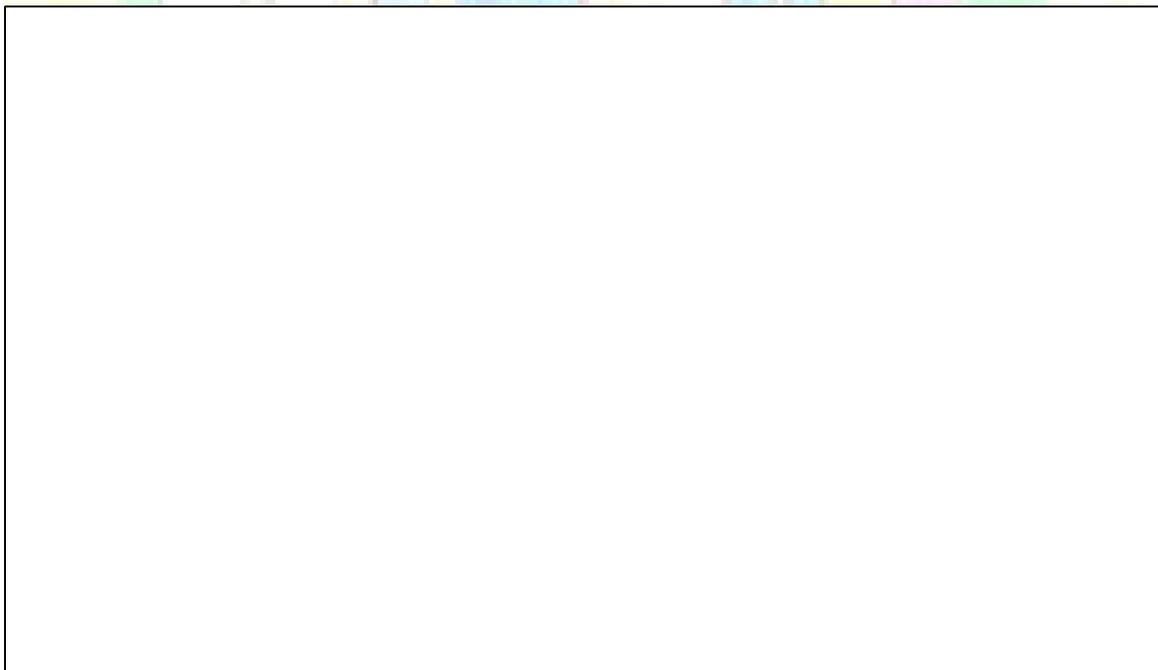
Q.no.1. 100% of the students did not know about the significance of the day.

Q.no.2.



In this, 3.5% answered yes, 87.8% answered no and 8.7% did not answer the question.

Q.no.3



By this, the most popular drug is identified as cocaine.

Q.no.4.



By this, around 10.5% answered yes,77.3% answered no and 12.2 did not respond to the question.

Q.no.5



Around 17.5%-physiological, 14%-behavioural, 5.2%-psychological, 19.2%-social and 7%-financial, are not aware of the above adverse effects of drug usage.

Q.no. 6

75% were not aware of the various centres and how they work - before the presentation

100% came to know about various centres and how they work after the presentation.

Q.no7.

98.2% have felt that they have learnt something new through the programme.

Q.no.8

Average score of our programme is 8.25%,

With the highest score of 10 and the lowest score of 7.

EFFICIENCY OF THE PRESENTATION:

It is calculated with the question number 1,5 and 6.

Comparing the above statistics, before and after the presentation, everyone came to know about the ill-effects of drug usage, how to identify them and help them, after the presentation.

➤ What we learnt (Student's feedback):

In the process of preparing for the presentation, we came to know about the importance of celebrating “National Anti-drug Addiction day”, the drugs present in market, how to identify the drug abusers, how to help them overcome it and last but not the least ,the importance of team work.



CONCLUSION:

We conclude by saying that, not to indulge in drug abusing and also not to leave the friends who abuses drug but to help them and make them realise the adverse effects of it.

Our main motto is

“ATTACK THE PROBLEM, NOT THE PERSON”



Don't Let Drugs
Ruin Your
World

