

Extension/Outreach Activities

2015-16

Extension/Outreach Activities from the year 2015-16

Year	Name of the activity	Organizing Unit/ Agency/ Collaborating Agency	Number of students participated in such activities	Number of teachers participated in such activities
2015-2016	Nutrition awareness and dental screening camp	East Tambaram	8	1
2015-2016	Cleaning awareness and dental screening camp	Periyar Nagar ,Thiruvanmiyur	6	1
2015-2016	Cleaning awareness and dental screening camp	Sri Kanyaka Parameshwari Arts and Science College	7	1
2015-2016	Cleaning awareness and dental screening camp	Broadway	7	1
2015-2016	Plantation awareness and dental screening camp	Vatsalya Matriculation Higher Secondary School, Peravallur	7	1
2015-2016	Village adoption awareness and dental screening camp	High Court, Broadway	6	1
2015-2016	Blood donation awareness and dental screening camp	Soolaimeni,	8	1
2015-2016	(Swachh Bharat) cleanliness awareness and screening camp	Kumudipoondi.	6	1
2015-2016	Road safety awareness and dental screening camp	Prof.Dhanapalan College of Arts & Science	7	1
2015-2016	Oral health marathon camp & screening camp	SMK Fomra Institute, Kelambakkam	7	1
2015-2016	Tobacco awareness and dental screening camp	Annai Velankani School	7	1

2015-2016	Gender equality awareness and dental screening camp	Chennai Vision Charitable Trust	8	1
2015-2016	AIDS awareness and dental screening camp	Vasavi Club	8	1
2015-2016	Cancer awareness and dental screening camp	Government Middle School, Pattikadu	8	1
2015-2016	Diabetes awareness and dental screening camp	CDCRI	8	1
2015-2016	Village adoption awareness and dental screening camp	CDCRI	8	1
2015-2016	Road safety awareness and dental screening camp	ADHM school	7	1
2015-2016	Nutrition awareness and dental screening camp	CDCRI	7	1
2015-2016	Cleaning awareness and dental screening camp	Shiva Smile Trust	8	1
2015-2016	Cleaning awareness and dental screening camp	Hari Builders	7	1
2015-2016	Cleaning awareness and dental screening camp	CDCRI	7	1
2015-2016	Plantation awareness and dental screening camp	B.K.M School	8	1
2015-2016	Village adoption awareness and dental screening camp	CDCRI	8	1
2015-2016	Blood donation awareness and dental screening camp	Toyota	7	1

NUTRITION AWARENESS AND DENTAL SCREENING CAMP

Date: 12.08.2015

Venue: East Tambaram

Faculty: Dr.Nagappan

Organising agency: CDCRI

Number of students attended: Eight

SUMMARY:

The Department of Public Health Dentistry organized a dental screening camp along with campaigning to raise awareness on nutrition. Of the total 100 people screened, gender heterogeneity was equally established and the age group of the gathered denizens ranged from 30 to 68. While chronic generalized periodontitis led the pack as recorded dental findings go, dental caries and partial states of edentulism duly followed pursuit.

Food is the elixir that everyone begets but its value is grossly undermined. Proper nutrition adds vim and vigor to the otherwise mundane life of man .it is the fundamental source of sustenance for life. The assembled denizens were extensively lectured on the various sources of nutrition as far as choosing nosh is concerned and the sapience of a balanced diet was asserted. The ramifications of dilapidated oral health on nutrition were also projected as the exigency of the hour which was by and large neglected as a trivial entity.



CLEANLINESS AWARENESS AND DENTAL SCREENING CAMP

Date: 13.08.2015

Venue: Periyar Nagar, Thiruvanniyur

Faculty: Dr.Prabhu

Organising agency: CDCRI

Number of students attended: Six

SUMMARY:

A camp comprising regular dental screening along with emphasis on the practice of cleanliness was organized by the Department of Public Health Dentistry, Chettinad Dental College and Research Institute. A total of 90 people were screened of which there were 60 males and 30 females. The screened population had an age distribution of 20 to 57 years. To surmise the generalized findings upon screening noted an exceedingly increased prevalence of dental caries, dental plaque induced gingivitis and chronic generalized periodontitis was noted.

“CLEANLINESS IS NEXT TO GODLINESS” is an axiom whose true meaning is yet to be imbibed onto the minds of the Gaian dwellers and our country is no exception to it. In this world were the perturbing rise in the incidence of infectious diseases are staring at a perennially escalating trend, maintaining stringent standards of hygiene and sanitation are the supreme arsenal against this disturbing trend which man can yield. Pragmatic approaches to maintain this coveted habit was also expounded in a pedantic manner.



CLEANLINESS AWARENESS AND DENTAL SCREENING CAMP

Date: 14.09.2015 Venue: Sri Kanyaka Parameshwari Arts and Science College

Faculty: Dr. Jagannatha

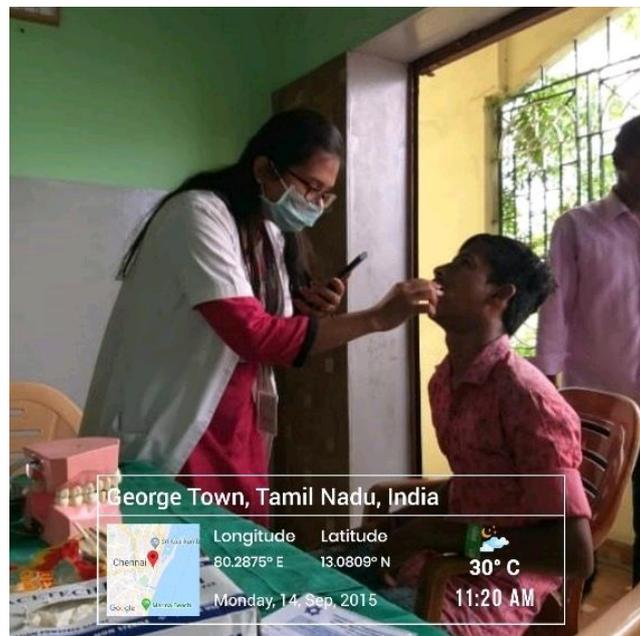
Organising agency: CDCRI

Number of students attended: Seven

SUMMARY:

A camp comprising regular dental screening along with an assiduous assertion for adoption of cleanliness was organized by the Department of Public Health Dentistry, Chettinad Dental College and Research Institute. A total of 120 people were screened of which there were 70 males and 50 females. The screened population had an age distribution of 20 to 27 years. To surmise the generalized findings upon screening noted an exceedingly increased prevalence of dental caries and dental plaque induced gingivitis was noted.

The most invaluable and treasured wealth in today's world is good health. There are no qualms in stating that the primary way to attain this prized state of good health is through the noble act of cleanliness. Starting from self, home to community, all are but successive threads tethered to the stanchion leading to the apotheosis of good health if we dabble on the right path of cleanliness.



CLEANLINESS AWARENESS AND DENTAL SCREENING CAMP

Date: 22.10.2015

Venue: Broadway

Faculty: Dr. Nagappan

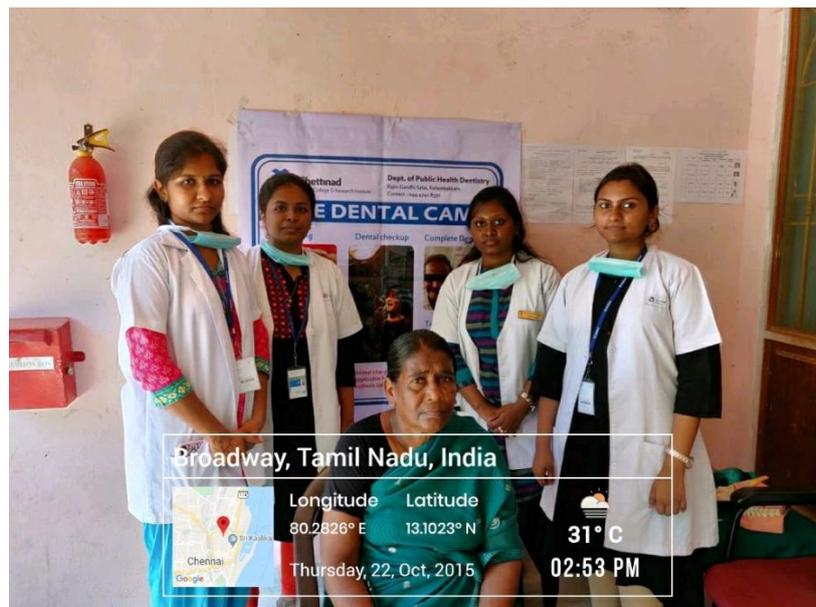
Organising agency : CDCRI

Number of students attended: Seven

SUMMARY:

A camp comprising regular dental screening along with a propagation of strong message of leading a life uplifting and encapsulating the principle of cleanliness was organized by the Department of Public Health Dentistry, Chettinad Dental College and Research Institute. A total of 250 people were screened of which there were 160 males and 90 females. The screened population had an age distribution of 20 to 77 years. To surmise the generalized findings upon screening noted an exceedingly increased prevalence of dental caries, chronic generalized periodontitis and dental plaque induced gingivitis was noted.

If health was the coveted utopia, cleanliness is indelibly the gateway to it. It is necessary to quell the unkempt practices not aligning with the paradigm of hygiene and sanitation which is unsettlingly being carried out in peerless proportions. A forthright and tenacious fortitude and resolve was additionally encouraged to initiate and maintain practices which holler cleanliness.



PLANTATION AWARENESS AND DENTAL SCREENING CAMP

Date: 19.11.2015 Venue: Vatsalya Matriculation Higher Secondary School, Peravallur

Faculty : Dr.Nagappan Organising agency : CDCRI

Number of students attended : Seven

SUMMARY:

A dental screening camp encompassing a campaign to invigorate the masses about the virtuous deed of sowing saplings and adding jewels to the crown of the biodiversity was organized by the Department of Public Health Dentistry. The screened population aged from 7 to 17 years. Of the total 240 screened, 150 were males and the rest were females. Dental caries and dental plaque induced gingivitis were noted in exceeding proportions upon screening.

With pollution at its peak and the world falling prey to the tyranny wielded by the overlords of digitization and industrialization, the green jewels are our only saving grace. With the stifling dearth of these ‘lungs of the planet’, it is a dire caveat that is suggestive of us to assume gumption and proactively take up the role of sowing seeds for our posterity to reap. The eminence of this primary source of sustenance, food, and livelihood was reverberated in a sonorous note for indelible etching into the minds of the people thus gathered.



VILLAGE ADOPTION AWARENESS AND DENTAL SCREENING CAMP

Date:09.12.2015

Venue: High court , Broadway

Faculty:Dr.Jagannatha

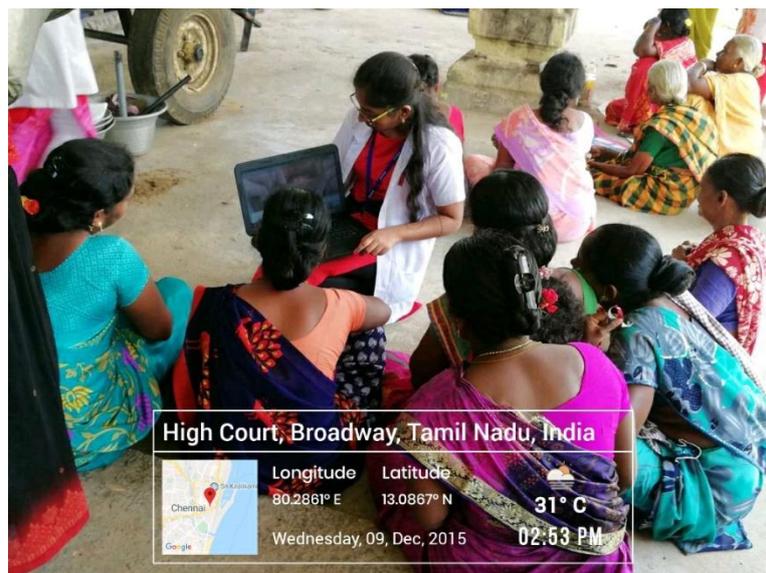
Organising agency : CDCRI

Number of students attended : Six

SUMMARY:

A camp comprising regular dental screening along with the propagation of a vehement communal purport of village adoption was organized by the Department of Public Health Dentistry, Chettinad Dental College and Research Institute. A total of 110 people were screened of which there were 70 males and 40 females. The screened population had an age distribution of 20 to 77 years.

As pertinent as ever to this egalitarian society, the magnanimous and noble act of village adoption was advocated to assist in the upliftment of the rural population. Not only will the heart brim with the satisfaction of having catered to the needs of the villagers but will also be flooded with assiduous heartfelt outpouring of gratitude which would be an ineffably ethereal experience. It is high time that the affluent and the well to do in the society strive to emancipate the rural denizens from the strongholds of poverty and despair.



BLOOD DONATION AWARENESS AND DENTAL SCREENINGCAMP

Date: 13.1.2016

Venue: Soolaimeni

Faculty : Dr. Nagappan

Organising agency : CDCRI

Number of students attended: Eight

SUMMARY:

A regular dental screening camp was organized in Soolaimeni which was inclusive of a campaign to mobilize proponents for blood donation. A total of 146 people were screened of which 75 people belonged to the male gender while the rest were females. By and large, dental caries and chronic generalized periodontitis were found to be the principal dental findings of the screened population who were aged between 23 and 67.

“Every drop count” maybe a platitude for many but it is at the time of exigency that the veracity of it is felt. The sublime act of blood donation though gaining pace is not prancing with equal pace as far as all the sections of the society are concerned and we aimed at slandering the ignorance and indifference that the people harbored for this exalting act.



AWARENESS ON SWACHH BHARAT AND DENTAL SCREENING CAMP

Date: 10.02.2016

Venue: Kumudipoondi

Faculty:Dr.Nagappan

Organising agency : CDCRI

Number of students attended : Six

SUMMARY:

A camp comprising regular dental screening along with emphasis on Swachh Bharat campaign, a perspicacity laden initiative helmed by the demagogues of the Indian government, was organized by the Department of Public Health Dentistry, Chettinad Dental College and Research Institute. A total of 150 people were screened of which there were 60 males and 90 females. The screened population had an age distribution of 20 to 57 years. To surmise the generalized findings upon screening noted an exceedingly increased prevalence of dental caries, chronic generalized periodontitis and dental plaque induced gingivitis was noted.

While the bigwigs are rallying for the internalization and adoption of the prized principle of cleanliness, we went to the people to evaluate their cognizance of the same and their subsequent implementation of this coveted ideology. We stressed about how cleanliness is an inseparable entity as far as health goes. Measures to implement the same were enlisted subsequently for them to practice. A cleaner society is definitely a healthier society.



ROAD SAFETY AWARENESS AND DENTAL SCREENING CAMP

Date:24.02.2016

Venue: Prof. Dhanapalan College of Arts and Science

Faculty:Dr.Nagappan

Organising agency : CDCRI

Number of students attended : Seven

SUMMARY:

A camp comprising regular dental screening along with emphasis on road safety awareness was organized by the Department of Public Health Dentistry, Chettinad Dental College and Research Institute. A total of 250 people were screened of which there were 160 males and 90 females. The screened population had an age distribution of 20 to 27 years. To surmise the generalized findings upon screening noted an exceedingly increased prevalence of dental caries and dental plaque induced gingivitis was noted.

The abhorrent accidents being reported on the mass media are teeming to unsettling humungous digits. With the escalating fag for rash and wayward driving, it is eminent for us to equip ourselves to withstand the vagaries of the traffic.



ORAL HEALTH MARATHON CAMP AND SCREENING CAMP

Date: 09.03.2016

Venue: SMK Fomra , Kalavakkam

Faculty : Dr.Prabhu

Organising agency : CDCRI

Number of students attended: Seven

SUMMARY:

The Department of Public Health Dentistry organized a dental screening camp along with an avant garde attempt to promote awareness for oral health through the conduct of a marathon . Of the total 100 people screened, gender heterogeneity was equally established and the age group of the gathered denizens ranged from 30 to 68. While chronic generalized periodontitis led the pack as recorded dental findings go, dental caries and partial states of edentulism duly followed pursuit.

As the 2 km marathon was flagged off, the enthused participants ran the miles with spirited ethos and energy and at the fag end received laurels for their sincere attempt and were explained about the profound implications of oral health on their overall health. The adage oral cavity is a mirror to the body was spritzed with veracity thronged by meticulous expounding for the same. Additionally, they were enlightened about the sapience of regular dental visits and its prolific ability to caused diminishment of the encumberment of oral diseases .



TOBACCO AWARENESS CAMP

Date: 21.01.2016

Venue: Annai Velankani School, Chennai

Faculty: Dr.Prabhu

Organizing Agency: Annai Velankani School

No. of Students Attended: Three

SUMMARY:

The Interns Posted in the Department of Public Health and Dentistry, Chettinad Dental College and Research Institute (CDCRI) conducted a tobacco awareness programme. The attendees were first lectured about ill effects of the use of tobacco products. They were shown pictures collected from various sources. They were then screened and those who shared a history of the habit were referred for a Tobacco Cessation Counselling at CDCRI. The rest were given referral to the hospital for various treatments based on their requirements. AV's were showed to patients and they were educated on various aspects of dental problems. The referred patients were also followed up after their first visit to guide them along the course of treatment.



PROGRAM ON GENDER EQUALITY

Date: 26.12.2015

Venue: Devanari, Chennai

Faculty: Dr.Prabhu

Organizing Agency: Chennai vision charitable trust.

No. of students attended: Three

SUMMARY:

The Interns posted in the Department of Public Health and Dentistry, Chettinad Dental College and Research Institute (CDCRI) conducted gender equality campaign. The attendees were educated about the importance of gender equality and preached on what gender discrimination implies. An oral screening was followed and referrals were given to those who required treatment. AV's were showed to patients and they were educated on various aspects of dental problems. The referred patients were also followed up after their first visit to guide them along the course of treatment.



AIDS AWARENESS PROGRAM

Date: 23.08.2015

Venue: Arya Samajam, Chennai

Faculty: Dr.Jagannatha G.V, Dr.Prabhu

Organizing Agency: Vasavi Club

No. of Students Attended: Three

SUMMARY:

The Interns posted in the Department of public Health and Dentistry, Chettinad Dental College and Research Institute (CDCRI) conducted an AIDS awareness programme. People were educated about the effects and mode of spread of HIV. People were made to interact and share their insights about the theme to be discussed and were also encouraged to educate their fellow people about AIDS. Oral screening was done for all the participants. They were educated about proper brushing techniques and also about the effects of HIV related lesions of the oral cavity. Oral Health education was given to the patients and they were told about the importance of regular dental visits. AV's were showed to patients and they were educated on various aspects of dental problems. The referred patients were also followed up after their first visit to guide them through the course of treatment.



CANCER AWARENESS

Date: 08.01.2016

Venue: Government middle school, pattikadu.

Faculty: Dr.Prabhu

Organising Agency: Government middle school, pattikadu.

No. of students attended: Three

SUMMARY:

The Interns Posted in the Department of Public Health and Dentistry, Chettinad Dental College and Research Institute (CDCRI) conducted an awareness program about oral cancer, distributing pamphlets. The participants were then referred to CDCRI for Oral screening and treatments if required. AV's were showed to patients and they were educated on various aspects of dental problems. The referred patients were also followed up after their first visit to guide them along the course of treatment.



DIABETES AWARENESS PROGRAM

Date: 26.12.2015

Venue: Kanchipuram.

Faculty: Dr.Prabhu

Organising Agency: CDCRI

No. of students attended: Three

SUMMARY:

The Interns posted in the Department of public Health and Dentistry, Chettinad Dental College and Research Institute (CDCRI) conducted Diabetes awareness program. People were made to interact and share their insights about the theme to be discussed and were also encouraged to educate their fellow people about Diabetes. Oral screening was done for all the participants. They were educated about proper brushing techniques and also about the effects of Diabetes related lessons of the oral cavity. Oral Health education was given to the patients and they were told about the importance of regular dental visits. AV's were showed to patients and they were educated on various aspects of dental problems. The referred patients were also followed up after their first visit to guide them along the course of treatment.



NUTRITION AWARENESS

Date: 21.2.2016

Venue: Kadalur, kalpakam.

Faculty: Dr.Prabhu

Organising Agency: CDCRI

No. of students attended: Three

SUMMARY:

The Interns posted in the Department of public Health and Dentistry, Chettinad Dental College and Research Institute (CDCRI) conducted nutrition awareness programme. Oral effects of nutrition deficiencies were thought. Oral screening was done for patients who attend the event and those who were in need for treatment were referred to CDCRI. AV's were showed to patients and they were educated on various aspects of dental problems. The referred patients were also followed up after their first visit to guide them along the course of treatment.



AWARENESS PROGRAM ON VILLAGE ADOPTION

Date: 5-8-2015

Venue: Akkarai

Faculty: Dr.Prabhu

Organising Agency: CDCRI

No. of students Attended:Three

SUMMARY:

Village adoption is an important step from public society. It is due responsibility of the sector and very good initiative by the volunteers of the sector. The Department of Public health Dentistry , Chettinad dental College And Research Institute has done it along with Chettinad health city campaign. Individuals were examined and oral hygiene instructions were given through AV aids. They were informed about the adoption program and how well the administration is going to change an implement their village.



AWARENESS PROGRAM ON ROAD SAFETY

Date: 18.09.2015

Venue: ADHM School, Kanchipuram

Faculty: Dr. Dinesh

Organising agency: ADHM School

No. of students attended: Four

SUMMARY:

Road safety is of paramount importance and to have casualty numbers drop by 75 percent. To raise awareness among the public about road safety, a dental screening camp was organized by the Department Of Public Health Dentistry, Chettinad Dental College And Research Institute. All the individuals were screened. An interactive health education was given to whole of the population in sections with the use of AV aids. At the end of the session, a group song was sung by our students who attended the camp to create awareness about road safety.



AWARENESS PROGRAM ON CLEANING

Date: 25-11-2015

Venue: Panangathupakam

Faculty: Dr. Nagaland

Organising Agency: Shiva smile trust

No of Students Attended: Three

SUMMARY:

Clean environment is necessary for keeping everything good. It is the due responsibility of the citizen to keep the environment clean. The Department of Public Health Dentistry, Chettinad Dental College And Research Institute has taken initiative to create an awareness program. Individuals were given counselling session on keeping the environment clean along with that oral screening were done and proper instruction were given about maintaining oral hygiene through AV aids.



AWARENESS ON CLEANING PROGRAM

Date: 14-01-2016

Venue: Kalavakkam

Faculty: Dr. Nagappan

Organising Agency: Hari builders

No. of Students Attended: Three

SUMMARY:

Clean environment is very important for keeping from disease. It is the due responsibility of the citizen to keep the environment clean. The Department of Public Health Dentistry, Chettinad Dental College And Research Institute has taken initiative to create an awareness program. Individuals were given counselling session on keeping the environment clean Along with that oral screening were done and proper instruction were given about maintaining oral hygiene through A/V aids.



AWARENESS ON CLEANING PROGRAM

Date: 28-01-2016

Venue: Oggiyamduraipakkam

Faculty: Dr.Nagappan

Organising agency: CDCRI

No .of Students Attended: Three

SUMMARY:

Cleanliness is next to godliness. It is the due responsibility of the citizen to keep the environment clean. The Department of Public Health Dentistry Chettinad Dental College And Research Institute has taken initiative to create an awareness program. Individuals were given counselling session on keeping the environment clean Along with that oral screening were done and proper instruction were given about maintaining oral hygiene through A/V aids.



AWARENESS PROGRAM ON PLANTATION

Date: 17-09-2015

Venue: BKM school, Thiruporur

Faculty: Dr.Prabhu

Organising Agency: B.K.M. school

No. of Students Attended: Three

SUMMARY:

Plantation is one important thing mankind could do. Plants help in maintain the environment keeping it in balance. The Department of Public Health Dentistry, Chettinad Dental College And Research Institute has taken the initiative to conduct an awareness program on Plantation. Individuals were grouped in one place and proper education given about planting a sapling Also screening program were conducted and oral hygiene education were given through A/V aids.



AWARENESS PROGRAM ON BLOOD DONATION

Date: 08.10.2015

Venue: Toyota, Ponmar

Faculty: Dr.N.Nagappan

Organising agency: Toyota

No. of students attended: Three

SUMMARY:

Blood donation will cost you nothing but it will save a life. In order to highlight the importance of blood donation among the people, a dental screening camp was conducted by the Department of Public Health Dentistry, Chettinad Dental College and Research Institute. All the individuals were screened for oral health. Dental caries was present in 30% of the population. So, the sequence of dental caries was explained to each and every individual with a model. Health education was given to whole of the population in sections with the use of AV aids. All of them were referred to CDCRI with referral slip so as to get the treatment done. Students who attended the camp distributed pamphlets with awareness quotes about blood donation to the people.

