

Extension/Outreach Activities

2016-17

Extension/Outreach Activities 2016 - 17

Year	Name of the activity	Organizing Unit/ Agency/ Collaborating Agency	Number of students participated in such activities	Number of teachers participated in such activities
2016-2017	Awareness on chronic stress and oral health camp	KSV Construction Site	6	1
2016-2017	Awareness on oral health and dental screening camp	Velacherry	7	1
2016-2017	Dental screening camp along with plantation program	Sreeland Construction Site	5	1
2016-2017	Awareness on Swachh Bharat and oral screening camp	Shollingnallur	7	1
2016-2017	Awareness on blood donation and oral screening camp	Panchayat Union School, Kolathur, Mambakkam	6	1
2016-2017	Dental screening camp along with plantation program	Nanganallur	6	1
2016-2017	Oral health awareness and screening camp	Colour Homes Construction , Perumpakkam	8	1
2016-2017	AIDS awareness and dental screening camp	Michelin Tyres, Gumudipoondi	7	1
2016-2017	(Swachh Bharat) cleanliness awareness and screening camp	Isha Homes	8	1
2016-2017	Oral health marathon camp & screening camp	Rotary Club	8	1
2016-2017	Awareness program on AIDS and screening camp	Alliance Group	7	1

2016-2017	Awareness program on tobacco consumption and screening camp	Rotary Club.	7	1
2016-2017	Marathon to create awareness and screening camp	SPS	7	1
2016-2017	Dental screening camp along with plantation program	Eden Groups	8	1
2016-2017	Awareness program to have a clean environment and screening camp	Sports University	5	1
2016-2017	Awareness program to have a clean environment and screening camp	Rotary Club of Madras East	8	1
2016-2017	Awareness program on gender equality and screening camp	GHSS	7	1
2016-2017	Dental screening camp along with plantation program	Little Hearts Trust	8	1
2016-2017	Awareness program on immunization program and screening camp	Shanthi Homes	7	1
2016-2017	Awareness program on plantation and screening camp	Bhuvan,Homes	7	1
2016-2017	Awareness program on blood donation and screening camp	Bharat University	8	1
2016-2017	Awareness program on tobacco consumption and screening camp	Rotary Club	8	1
2016-2017	Awareness program on tobacco consumption and screening camp	Chettinad Dental College And Research Institute	6	1
2016-2017	Awareness program on blood donation and dental screening camp	Panchayat Union	7	1
2016-2017	Awareness program on gender equality and dental screening camp	BKM Group	6	1

AWARENESS ON CHRONIC STRESS AND ORAL HEALTH CAMP

Date: 17.08.2016

Venue: KSV Construction site

Faculty: Dr. Nagappan

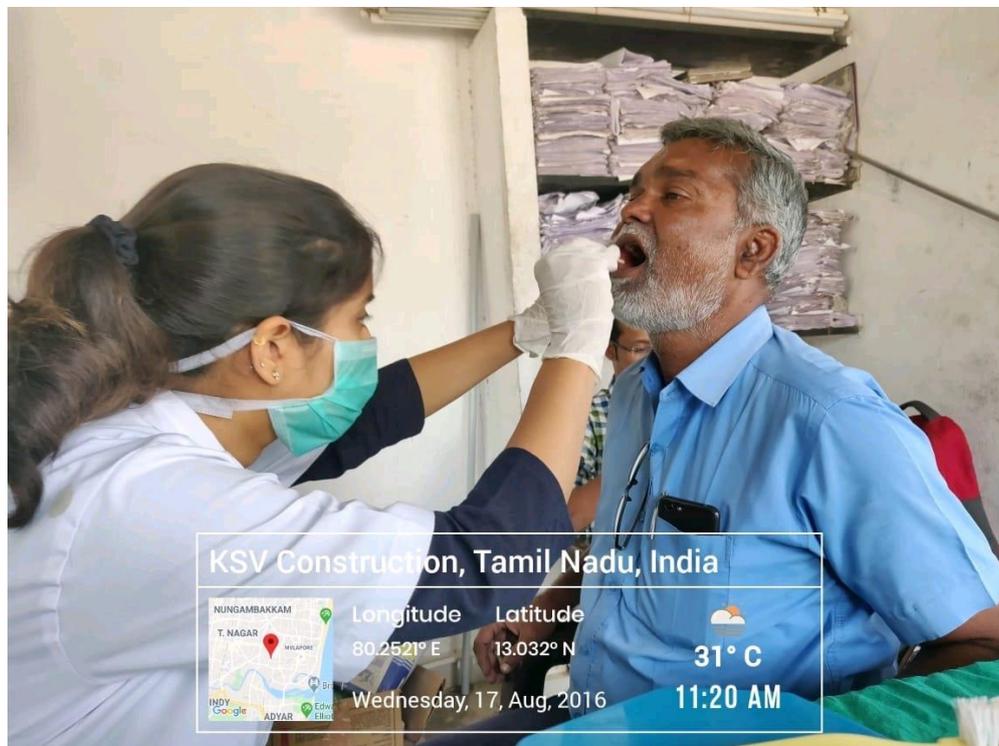
Organising agency: CDCRI

Number of students attended: Six

SUMMARY:

The Department of Public Health Dentistry organized a dental screening camp along with campaigning to raise awareness against chronic stress. Of the total 80 people screened, gender heterogeneity was equally established and the age group of the gathered denizens ranged from 27 to 68. While chronic generalized periodontitis led the pack as recorded dental findings go, dental caries and partial states of edentulism duly followed pursuit.

It takes no conscious rumination to ascertain the escalating prevalence of stress in the society. It notoriously takes a toll on everyday life feeding off on our happiness and peace of mind. This largely subtle and undermined psychological perturbation has consumed and taken into its shackles a plethora of people from all sections of the society. In order to aid in their furtive decamping from this decadent bondage, a m lange of stress coping mechanisms were fastidiously expounded.



AWARENESS ON ORAL HEALTH AND DENTAL SCREENING CAMP

Date: 13.10.2016

Venue: Velachery

Faculty: Dr.Jagannatha

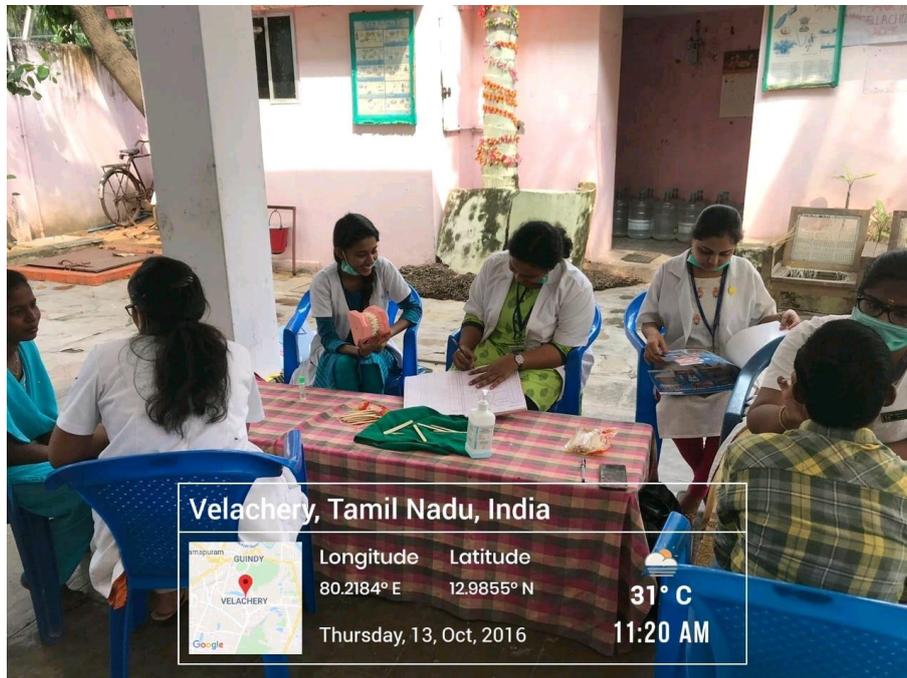
Organising agency: CDCRI

Number of students attended: Seven

SUMMARY:

The Department of Public Health Dentistry organized a dental screening camp along with a panache laden attempt to promote awareness for oral health. Of the total 108 people screened, gender heterogeneity was equally established and the age group of the gathered denizens ranged from 30 to 68. While chronic generalized periodontitis led the pack as recorded dental findings go, dental caries and partial states of edentulism duly followed pursuit.

Since the days of yore, oral health has been trivialized and left in the dark either due to ignorance or apathy. This nefariously precarious thought of oral health being a frivolous entity was eradicated from the denizens' minds. The oral health is but no modicum and its indispensable contribution to the general well being of man was hammered into the minds of the gathering.



DENTAL SCREENING CAMP ALONG WITH PLANTATION PROGRAM

Date: 27.10.2016

Venue: Sreeland Construction Site

Faculty: Dr.Nagappan

Organising agency: CDCRI

Number of students attended: Five

SUMMARY:

A dental screening camp encompassing a campaign to invigorate the masses about the virtuous deed of sowing saplings and adding jewels to the crown of the biodiversity was organized by the Department of Public Health Dentistry. The screened population aged from 27 to 54 years. Of the total 140 screened, 80 were males and the rest were females. Dental caries and dental plaque induced gingivitis were noted in exceeding proportions upon screening.

Plantation of trees is important as they enhance life and fulfill the essential needs of mankind. During photosynthesis, the trees breakdown food materials and consume carbon dioxide. Resultantly with the help of sunlight, the trees produce carbohydrates. Moreover, trees support life by providing habitat to different species such as squirrels, bees and birds. Trees cleanse the climate by absorbing carbon dioxide from the environment and releasing oxygen. The trees cool the environment through their leaves by absorbing the sun heat and provide shades to houses and streets. The people were thus encouraged to make room for these lungs of the Earth.



AWARENESS ON SWACHH BHARART AND ORAL SCREENING CAMP

Date: 16.11.2016

Venue: Sholinganallur

Faculty: Dr.Nagappan

Organising agency: CDCRI

Number of students attended: Seven

SUMMARY:

A camp comprising regular dental screening along with emphasis on Swachh Bharat campaign was helmed by the Department of Public Health Dentistry, Chettinad Dental College and Research Institute. A total of 150 people were screened of which there were 60 males and 90 females. The screened population had an age distribution of 20 to 57 years. To surmise the generalized findings upon screening noted an exceedingly increased prevalence of dental caries, chronic generalized periodontitis and dental plaque induced gingivitis was noted.

A cleaner nation starts from a cleaner home and this was the axiom which was pedantically driven into the minds of the people. The fact that cleanliness was without qualms the elixir which will impede the occurrence of diseases was propelled into their brains. Right from Adam's ale to the nosh and their materialistic possessions the way to lead a salubrious life was sedulously catalogued.



AWARENESS ON BLOOD DONATION AND ORAL SCREENING CAMP

Date: 05.12.2016

Venue: Panchayat Union School, Kolathur, Mambakkam

Faculty: Dr.Jagannatha

Organising agency: CDCRI

Number of students attended: Six

SUMMARY:

A dental screening camp along with a drive to raise cognizance about blood donation was organized by the Department of Public Health Dentistry. The screened population aged from 6 to 17 years. Of the total 280 screened, 156 were males and the rest were females. Dental caries and dental plaque induced gingivitis were noted in exceeding proportions upon screening.

“Deeds are fruits; words are leaves “is a reputed saying and we were attempting to lend veracity to the same by acting as leaves to cause the ripening of the fruit of blood donation. Donating blood can help in treating patients suffering from cancer, bleeding disorders, chronic anemia associated with cancer, sickle cell anemia, and other hereditary blood abnormalities. It is important to know that human blood cannot be manufactured, people are the only source of it and that is why it is important to donate blood and help those who need it. Thus the enthralled audiences were encouraged to donate blood today to save lives tomorrow.



DENTAL SCREENING CAMP ALONG WITH PLANTATION PROGAM

Date: 12.01.2017

Venue: Nanganallur

Faculty: Dr.Jagannatha

Organising agency: CDCRI

Number of students attended: Six

SUMMARY:

A dental screening camp encompassing a campaign to galvanize the masses to shoulder the humongous responsibility of sowing saplings was organized by the Department of Public Health Dentistry. The screened population aged from 27 to 54 years. Of the total 100 screened, 45 were males and the rest were females. Dental caries and dental plaque induced gingivitis were noted in exceeding proportions upon screening.

While actions speak louder than the words , words do need to be spoken to propel the exordium of actions and this is precisely what was intended to be done – vivifying the vernacular population into planting trees . Trees are an indispensable part of sustenance of life on earth and the alarming decline in their numbers owing to mindless felling of trees is but a rude awakening and is a caveat which deems hasty action lest we want to alight the dwindling spiral the hex of non-existence.



ORAL HEALTH AWARENESS AND SCREENING CAMP

Date: 8.02.2017

Venue: Colour Homes Constructions , Perumbakkam

Faculty: Dr.Nagappan

Organising agency: CDCRI

Number of students attended: Eight

SUMMARY:

The Department of Public Health Dentistry organized a dental screening camp along with an earnest attempt to promote awareness for oral health. Of the total 260 people screened, gender heterogeneity was equally established and the age group of the gathered denizens ranged from 30 to 68. While chronic generalized periodontitis led the pack as recorded dental findings go, dental caries and partial states of edentulism duly followed pursuit.

Mouth is the gateway to one's overall health and tending to it in a fastidious and scrupulous way can help avert diseases not just of the mouth but of the entire body. An assiduous oral hygiene can prevent the occurrence of diseases of surmounting gravity like pancreatic cancer, Alzheimer's disease, cardiovascular diseases, lung abscess and pre term low birth weight babies in addition to aggravating vociferously the toll imposed on health by diabetes mellitus. Having established the need for good oral hygiene maintenance, the various means to achieve the end were explained and demonstrated.



AIDS AWARENESS AND DENTAL SCREENING CAMP

Date: 28.02.2017

Venue: Michelin Tyres , Gumidipoondi

Faculty:Dr.Nagappan

Organising agency: CDCRI

Number of students attended: Seven

SUMMARY:

A dental screening camp along with a drive to raise cognizance about AIDS was organized by the Department of Public Health Dentistry. The screened population aged from 34 to 68 years. Of the total 300 screened, 176 were males and the rest were females. Dental caries, chronic generalized periodontitis and partial states of edentulism were noted in exceeding proportions upon screening.

This was a campaign designed to offer support for those living with the disease, education for those trying to prevent transmission of the disease, and remembrance for those who have lost their battle to HIV and/or AIDS. "Every action of your life touches on some chord that will vibrate in eternity" said Edwin Hubbell Chapin and this was an assiduous attempt to break the pre existing prejudices and culminate the stigmata against the diseased by inspiring the masse to act in accord with the same thought.



**AWARENESS PROGRAM TO HAVE A CLEAN ENVIRONMENT AND
SCREENING CAMP**

Date: 01.03.2017

Venue: Sports University

Faculty: Dr.Jagannatha

Organising agency: CDCRI

Number of students attended: Five

SUMMARY:

A camp comprising regular dental screening along with a vociferous propagation of the penchant for cleanliness was organized by the Department of Public Health Dentistry, Chettinad Dental College and Research Institute. A total of 150 people were screened of which there were 60 males and 90 females. The screened population had an age distribution of 20 to 47 years. To surmise the generalized findings upon screening noted an exceedingly increased prevalence of dental caries, chronic generalized periodontitis and dental plaque induced gingivitis was noted.

If we desire to be close to Spirit of God, we desire to dwell in clean soul with a clean body. The state of our surroundings, tells the conditions of our soul. A clean environment is a human right like any other. It is therefore part of our responsibility toward others to ensure that the world we pass on is as healthy, if not healthier, than we found it.



**AWARENESS PROGRAM TO HAVE A CLEAN ENVIRONMENT AND
SCREENING CAMP**

Date: 02.03.2017

Venue: Sports University

Faculty: Dr.Nagappan

Organising agency: CDCRI

Number of students attended: Five

SUMMARY:

A camp comprising regular dental screening along with a vociferous propagation of the penchant for cleanliness was organized by the Department of Public Health Dentistry, Chettinad Dental College and Research Institute. A total of 80 people were screened of which there were 35 males and 45 females. The screened population had an age distribution of 20 to 52 years. To surmise the generalized findings upon screening noted an exceedingly increased prevalence of dental caries, chronic generalized periodontitis and dental plaque induced gingivitis was noted.

Cleanliness can be defined as the purest emblem of the mind. Cleanliness and order are not matters of instinct; they are matters of education, and like most great things, you must cultivate a taste for them. Better keep yourself clean and bright; you are the window through which you must see the world.



(SWACHH BHARAT) CLEANLINESS AWARENESS CAMP

Date:14-12-2016

Venue:Perambur

Faculty: Dr. Prabhu

Organising Agency: Isha homes

No. of Students attended:Three

SUMMARY:

The Interns Posted in the Department of Public Health and Dentistry, Chettinad Dental College and Research Institute (CDCRI) conducted a cleanliness awareness camp. The importance of hygiene and cleanliness were discussed. People were educated on the positive and productive effects; a clean area would have on their mental status. Oral screening was also done for the participants and they were referred to CDCRI for treatment if necessary. AV's were showed to patients and they were educated on various aspects of dental problems. The referred patients were also followed up after their first visit to guide them along the course of treatment.



ORAL HEALTH MARATHON CAMP

Date: 22-04-2017

Venue: Kelambakam.

Faculty: Dr. Nagappan.

Organising Agency: Rotary club.

No. of Students attended: Three

SUMMARY:

The Interns Posted in the Department of Public Health and Dentistry, Chettinad Dental College and Research Institute (CDCRI) conducted a marathon to spread awareness about oral health. Pamphlets highlighting the importance of oral hygiene, proper brushing techniques were distributed and the participants of the marathon were all referred to CDCRI for oral screening. AV's were showed to patients and they were educated on various aspects of dental problems. The referred patients were also followed up after their first visit to guide them along the course of treatment.



AWARENESS PROGRAM ON AIDS

Date: 09.05.2017

Venue: Nalatoor

Faculty: Dr.N.Nagappan

Organising agency: Alliance Group

No. Of students attended: Four

SUMMARY:

The AIDS virus is not powerful than god. To raise awareness among the public about AIDS, a dental screening camp was organized by the Department Of Public Health Dentistry, Chettinad Dental College And Research Institute. All individuals were screened. Dental caries was present in 40% of the population. So, the sequence of dental caries was explained to each and every individual with a model. Health education was given to whole of the population in sections with the use of AV aids. At the end of the session, a group song was sung was by our students who attended the camp to create awareness.



AWARENESS PROGRAM ON TOBACCO CONSUMPTION

Date: 14-09-2016

Venue:Perambur

**Faculty: Dr.Prabhu
club.**

Organising Agency:Rotary

No of students Attended:Four

SUMMARY:

Tobacco both in smoking/smokeless has been a stress to our environment. In our country it has been a habit more than that people think it as a way to reduce their stress. To raise the awareness of ill effects of tobacco a camp was organised by the Department of Public Health Dentistry, Chettinad Dental College and Research. Interactive oral health education was given with audio-visual aids and models. The need for using preventive measures and proper brushing technique were stressed.



MARATHON TO CREATE AWARENESS

Date: 04.10.2016

Venue: Swasthik primary school, Nemmeli

Faculty: Dr. Nagappan N

Organising agency: SPS

No. of students attended: Seven

SUMMARY:

Running for a good cause is never wrong. To raise awareness about the cancer, a marathon was organized by the Department Of Public Health Dentistry, Chettinad Dental College And Research Institute. The individuals were provided with water bottles and caps. Certificates were distributed at the end of the program.



DENTAL SCREENING CAMP ALONG WITH PLANTATION PROGRAM

Date: 09.08.2016

Venue: Eden park, Chennai

Faculty: Dr.N.Nagappan

Organising agency: Eden groups

No. of students attended: Three

SUMMARY:

Isn't it our duty to educate the public about the importance of planting trees. A dental camp was organized in which about all the individuals were screened for oral health. In the beginning of the camp, all of them were assembled in the garden and saplings were planted. After screening, Health education was given to everyone in small groups using AV aids and referred to CDCRI. At the end, everyone was gifted with a plant sapling.



AWARENESS PROGRAM ON BLOOD DONATION

Date: 09.03.2017

Venue: Michellin Tyre, Gummidipoondi

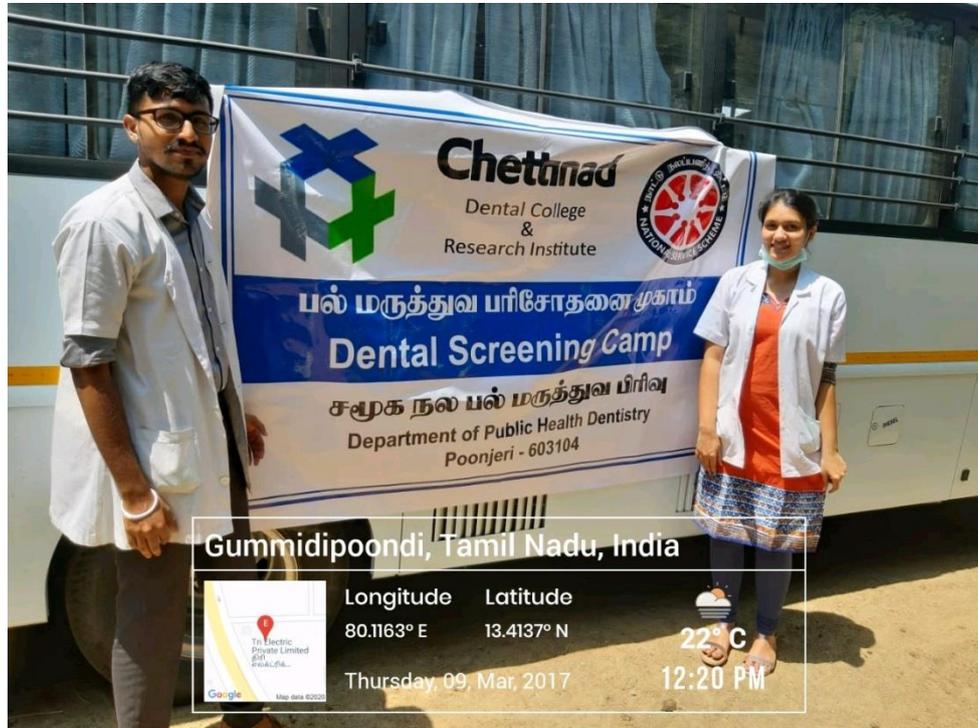
Faculty: Dr Nagappan N

Organising agency: Panchayat Union

No. Of students attended: Three

SUMMARY:

Blood donation is the real act of humanity. So in order to emphasize the importance of blood donation among the people, a dental screening camp was conducted by the Department Of Public Health Dentistry, Chettinad Dental College And Research Institute. All the individuals were screened for oral health. Health education was given to everyone using AV aids. All of them were referred to CDCRI with referral slip so as to get the treatment done. Students who attended the camp distributed pamphlets with awareness quotes about blood donation to the people.



AWARENESS PROGRAM TO HAVE A CLEAN ENVIRONMENT

Date: 05.04.2017

Venue: St Moses Matriculation School, Chrompet

Faculty: Dr Dinesh

Organising agency: Rotary Club of Madras East

No. Of students attended: Six

SUMMARY:

The earth is what we all have in common. To raise awareness among the public about having a clean environment, camp was organized by the Department Of Public Health Dentistry , Chettinad Dental College And Research Institute. Dental caries was present in 40% of the population. So, the sequence of dental caries was explained to each and every individual with a model .Health education was given to whole of the population in sections with the use of AV aids. Almost all of them actively participated in the cleaning of our surrounding. In between the program, the participants were screened in groups and health education was given to them. They were also referred to CDCRI.



AWARENESS PROGRAM ON GENDER EQUALITY

Date: 18.11.2016

Venue: Govt Hr Sec School, Nellikuppam

Faculty: Dr. Nagappan

Organising agency: GHSS

No. Of students attended: Four

SUMMARY:

It is not scientific proof of gender equality that is required, but general acceptance that women are at least the equals of men or better. To create awareness among the public about gender equality, a dental screening camp was organized by the Department Of Public Health Dentistry, Chettinad Dental College And Research Institute. All the individuals were screened for oral health status. About 80% had periodontal disease which is due the poor oral hygiene. Health education was given to each and every individual with a model Health education was given to whole of the population in sections with the use of AV aids so that it will easily be imbibed by the public. Special badges prepared by our interns who attended the camp to create awareness were distributed to everyone.



DENTAL SCREENING CAMP ALONG WITH PLANTATION PROGRAM

Date: 01.02.2017

Venue:

Faculty: Dr.N.Nagappan

Organising agency:

No. of students attended: Three

SUMMARY:

Revamp the décor of plantation to make it plentiful. A dental camp was organized in which all the individuals were screened for oral health. All of them were assembled in the garden and saplings were planted in the beginning. Malocclusion was present in 30% of the population. So, orthodontic treatment options for correcting malocclusion were explained to each and every individual with a model and were referred to our hospital. Health education was given to whole of the population in sections with the use of AV aids. Everyone was gifted with a plant sapling as a symbol of motivation.



AWARENESS PROGRAM ON IMMUNIZATION PROGRAM

Date: 03.10.2016

Venue:Perumbakkam

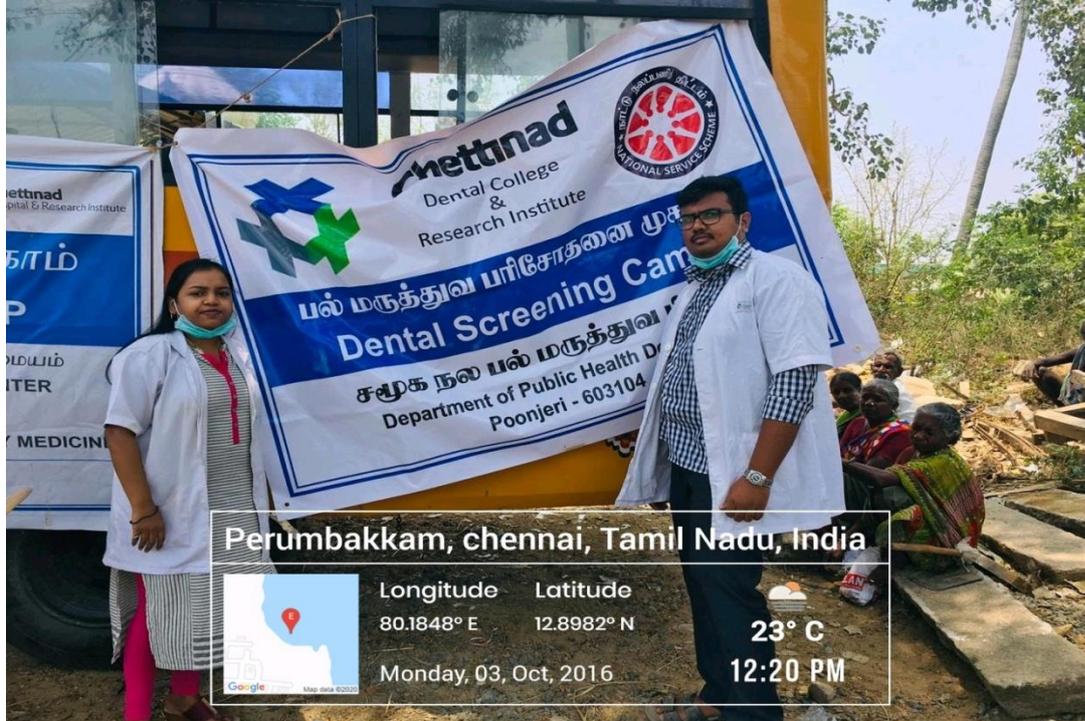
Faculty: Dr.Nagappan

Organising Agency: Shanthi homes

No of Students Attended: Three

SUMMARY:

World immunization week is a global public health campaign to raise awareness and increase rates of immunization against vaccine preventable diseases. Immunization can protect against 24 different infectious agents or diseases from infancy to old including diphtheria, measles, pertussis, polio and tetanus. World immunization week sprung out of the effort taking place across different countries for a week long immunization commemoration. The department of Public Health Dentistry conducted this awareness program for the public along with a dental screening camp wherein the public were referred to Chettinad Dental College and Research Institute for further treatment needs.



AWARENESS PROGRAM ON PLANTATION

Date: 21-5-2017

Venue: Bhuvana, Kelambakam

**Faculty: Dr.Nagappan
Bhuvan,homes**

Organising Agency:

No. of Students Attended:Five

SUMMARY:

Plantation is one the important thing man could do to save his environment. Plants help in maintain the environment keeping it in balance. The Department of Public Health Dentistry, Chettinad Dental College And Research Institute has taken the initiative to conduct an awareness program on Plantation. Individuals were grouped in one place and proper education given about planting a sampling Also screening program were conducted and oral hygiene education were given through A/V aids.



AWARENESS PROGRAM ON GENDER EQUALITY

Date: 11.01.2017

Venue: BKM Hr Sec School, Kelambakkam

Faculty: Dr Nagappan N

Organising agency: BKM Group

No. of students attended: Five

SUMMARY:

Gender equality is critical to the development and peace of every nation. It will only reach if we are able to empower women. To create awareness among the public about gender equality, a dental screening camp was organized by the Department Of Public Health Dentistry, Chettinad Dental College And Research Institute . All individuals were screened for dental caries, periodontal disease and malocclusion. It was quite nice to know that almost 60% of the population maintained a very good oral hygiene. Health education was given to each and every individual with a model. Referral slips were provided to them after assessing their oral hygiene so as get the treatment done. Health education was given to whole of the population in sections with the use of AV aids. Pamphlets prepared by our students who attended the camp to create awareness were distributed to everyone.



AWARENESS PROGRAM ON BLOOD DONATION

Date: 04.01.2016

Venue: Melakkotaiyur

Faculty: Dr.N.Nagappan

Organising agency: Bharat University

No. of students attended: Five

SUMMARY:

Blood can keep circulating if you keep donating it. To raise awareness among the public about blood donation among the people, a dental screening camp was conducted by the Department Of Public Health Dentistry, Chettinad Dental College And Research Institute. All individuals who got gathered at the camp were screened for oral health. Interactive health education was given to the public. Students who attended the camp distributed pamphlets with awareness quotes about blood donation to the people and also performed a street play.



AWARENESS PROGRAM ON TOBACCO CONSUMPTION

Date: 08.09.2016

Venue: Shanthi trust, Thambunaidupalayam

Faculty: Dr.N.Nagappan

Organising agency: Rotary club

No. of students attended: Two

SUMMARY:

Tobacco consumption has been a biggest issue in our country. Invariable of age, gender, economic status many around us are indulged in such activities. To raise awareness about the demerits of tobacco consumption, a camp was organized by the Department of Public Health Dentistry, Chettinad Dental College and Research. Camp population comprised individuals of age group from 18 to 45 years. All were screened for assessing their oral hygiene status. Almost half of the population had the habit of tobacco consumption either in the form of smoking or chewing. The importance of tobacco cessation was emphasized so as to lead a better life for them and their family. Health education was given to each individual with the use of AV aids and models. All the camp attendees were given with a referral slip and advised to get the required treatment done.



AWARENESS PROGRAM ON TOBACCO CONSUMPTION

Date:13-4-2017

Venue:Nemmali,

Faculty: Dr.Daya

Organising Agency:Self

No. of Students Attended:

SUMMARY:

A screening camp was conducted in and awareness was raised on harmful and deadly effects of tobacco use and second hand smoke exposure and to discourage the use of tobacco in any form. The negative impact that tobacco has on people's lung health from cancer to chronic respiratory disease was explained. Almost half of the population had the habit of consuming tobacco both in smokeless/smoking form. They were given counselling in our college Tobacco Cessation Clinic room a specific designed room to raise the awareness among the individual and to help him in getting rid of the habit.

