



Extension/Outreach Activities
2017-18

Extension/Outreach Activities from the year 2017-18

Year	Name of the activity	Organizing Unit/ Agency/ Collaborating Agency	Number of students participated in such activities	Number of teachers participated in such activities
2017-2018	Diabetes awareness and dental screening camp	Vidhyodhaya School for Special Children (Mandaveli)	8	1
2017-2018	Village adoption awareness and dental screening camp	MTC Bus Depot at Tambaram	7	1
2017-2018	Road safety awareness and dental screening camp	MTC Bus Depot Kundrathur	8	1
2017-2018	Nutrition awareness and dental screening camp	New Life New Hope Perumbakkam	8	1
2017-2018	Cleaning awareness and dental screening camp	MTC Bus Depot Poonamalle & Semmencherry Camp	7	1
2017-2018	Cleaning awareness and dental screening camp	Sri Sankara Nursery School Vettuvankan	7	1
2017-2018	Cleaning awareness and dental screening camp	Aynavaram Spastic Society of Tamil Nadu	8	1
2017-2018	Plantation awareness and dental screening camp	Padur Alliance Constructions	8	1
2017-2018	Village adoption awareness and dental screening camp	Vandalur German Coating Private Limited.	6	1
2017-2018	Blood donation awareness and dental screening camp	Ramalingaadigal Trust Kovilambakkam	7	1
2017-2018	Awareness program on AIDS and dental screening camp	Vasan Constructions	7	1

2017-2018	Awareness program to have a clean environment and dental camp	Club of Noolambur	7	1
2017-2018	Awareness program on AIDS and dental screening camp	Labourer Association	8	1
2017-2018	Awareness program on village adoption and dental screening camp	CDCRI	6	1
2017-2018	Blood donation awareness and dental screening camp	B.K.M School,Kelambakkam	8	1
2017-2018	Awareness program on AIDS and dental screening camp	Queen Mary's College	7	1
2017-2018	Awareness program on AIDS and oral screening camp	Radiance Infrastructure	7	1
2017-2018	Awareness program on tobacco consumption and oral screening camp	CDCRI	7	1
2017-2018	Awareness program on road safety and dental screening camp	Residential Welfare Association	8	1
2017-2018	Awareness program on plantation and dental screening camp	CDCRI	8	1
2017-2018	Awareness program on plantation and dental screening camp	Maran Homes	7	1
2017-2018	Awareness program on plantation and dental screening camp	Asha Homes	7	1
2017-2018	Awareness program on population control dental camp	Aaradhya Agencies	7	1

DIABETES AWARENESS AND DENTAL SCREENING CAMP

Date: 19.12.2017

Venue: Vidhyodhaya School for Special Children, Mandaveli

Faculty: Dr Nagappan N

Organizing agency : CDCRI

Number of students attended: Eight

SUMMARY:

A dental screening camp encompassing a campaign to enlighten the masses about the multitudinal facets of diabetes mellitus was organized by the Department of Public Health Dentistry. The screened population aged from 7 to 17 years. Of the total 240 screened, 140 were males and the rest were females. Dental caries and dental plaque induced gingivitis were noted in exceeding proportions upon screening. Diabetes mellitus is a metabolic disorder that occurs due to either a deficiency of insulin or resistance to insulin action or both. It raises blood glucose levels (hyperglycaemia), which may affect the eye, kidney, nerves and blood vessels. It leaves its impact on all the facets of health and oral cavity is no exception to it with the periodontium bearing the brunt of the attack. Fastidious and meticulous adherence to a well charted and adeptly initiated treatment regimen can help keep this under check. We must accept finite disappointment, but never lose infinite hope.



VILLAGE ADOPTION AWARENESS AND DENTAL SCREENING CAMP

Date: 26.12.2017

Venue: MTC Tambaram

Faculty: Dr Jagannatha G V

Organizing agency: CDCRI

Number of students attended: Seven

SUMMARY:

A camp comprising regular dental screening along with the propagation of the magnanimous communal purport of village adoption was organized by the Department of Public Health Dentistry, Chettinad Dental College and Research Institute. A total of 170 people were screened of which there were 70 males and 100 females. The screened population had an age distribution of 20 to 77 years. To surmise the generalized findings upon screening noted an exceedingly increased prevalence of dental caries, chronic generalized periodontitis and dental plaque induced gingivitis was noted.

Village adoption is a unique program conceptualized and implemented with a view to sensitize and educate the urban dwellers of the problems and practices of the farmers at the grass root level. Such involvement enables them to develop and also to keep abreast with contemporary rural development issues. It is an opportunity to comprehend the factors that are responsible for under-development in a village, despite plethora of programmes/schemes in vogue. They also get familiar with the interventions, participatory interaction, understanding the prevailing situation, mobilization of community, initiates participatory processes, establishing linkages among line departments etc. which are likely to strengthen the process of development and ensure poverty reduction and strengthen natural resources management.



ROAD SAFETY AWARENESS AND DENTAL SCREENING CAMP

Date: 28.12.2017

Venue: MTC Kundrathur

Faculty: Dr Nagappan

Organizing agency : CDCRI

Number of students attended: Eight

SUMMARY:

A camp comprising regular dental screening along with diligent enlightenment with regards to rules governing road safety was helmed by the Department of Public Health Dentistry, Chettinad Dental College and Research Institute. A total of 150 people were screened of which there were 60 males and 90 females. The screened population had an age distribution of 20 to 57 years. To surmise the generalized findings upon screening noted an exceedingly increased prevalence of dental caries, chronic generalized periodontitis and dental plaque induced gingivitis was noted.

In India about eighty thousand people are killed in road crashes every year which is thirteen percent of the total fatality all over the world. Man behind the wheel plays an important role in most of the crashes. In most of the cases crashes occurs either due to carelessness or due to lack of road safety awareness of the road user. Thus through this campaign , the masses were emancipated from the shackles of ignorance with regards to the same and educated about safe and sound practices to be followed while on the road to the point of captious pettifogging for it is our life which is at stake.



NUTRITION AWARENESS AND DENTAL SCREENING CAMP

Date: 10.01.2018

Venue: New Life New Hope, Perumbakkam

Faculty: Dr Nagaland T

Organizing agency: CDCRI

Number of students attended: Eight

SUMMARY:

The Department of Public Health Dentistry organized a dental screening camp along with a resonant advocacy of the sapience of proper nutrition. Of the total 100 people screened, gender heterogeneity was equally established and the age group of the gathered denizens ranged from 30 to 68. While chronic generalized periodontitis led the pack as recorded dental findings go, dental caries and partial states of edentulism duly followed pursuit.

Nutrition affects the overall development of not only an individual, but also an entire nation. This is because a diet deficit in nutritive value can have long-term impact on health, leading to diet-related disorders. This usually results in less productivity as physical output and capacity decrease, leading to economic loss on a macro level, directly affecting the development of an entire nation. Thus to promote an active and healthy lifestyle and to succor our nation to burgeon to towering heights, it is essential to alter the self perception about nutrition's significance and strive to fulfill adeptly and diligently our nutritional needs .



CLEANLINESS AWARENESS AND DENTAL SCREENING CAMP

Date: 21.12.2017

Venue: MTC, Semmencherry

Faculty: Dr Nagaland T

Organizing agency: CDCRI

Number of students attended: Seven

SUMMARY:

A camp comprising regular dental screening along with the propagation of stringent measures for adopting reputed standards of cleanliness was organized by the Department of Public Health Dentistry, Chettinad Dental College and Research Institute. A total of 170 people were screened of which there were 70 males and 100 females. The screened population had an age distribution of 20 to 77 years. To surmise the generalized findings upon screening noted an exceedingly increased prevalence of dental caries, chronic generalized periodontitis and dental plaque induced gingivitis was noted.

Cleanliness is a way of life which is to be promulgated in a pedantic manner. It is instrumental in determining the health of the patient, society and by extension the country as a whole. It is a noble habit which is to be adhered to safeguard health and as a consequence of it affluent growth and development in all domains of life.



CLEANLINESS AWARENESS AND DENTAL SCREENING CAMP

Date: 14.02.2018

Venue: Sri Sankara Nursery School, Vettuvanakani

Faculty: Dr Nagaland T

Organizing agency: CDCRI

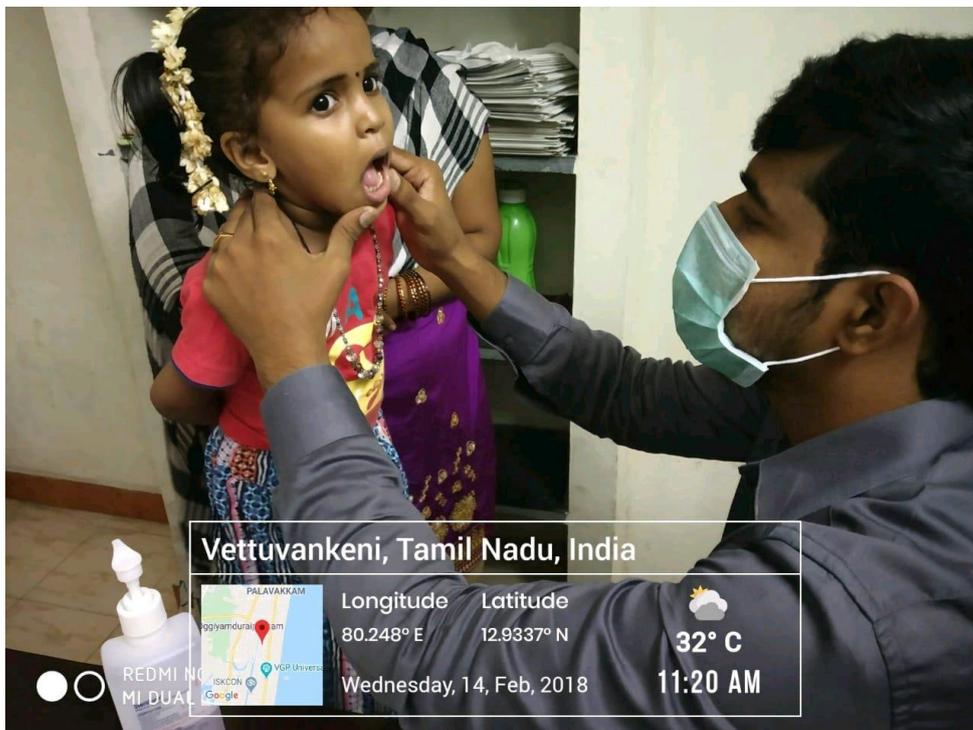
Number of students attended: Seven

SUMMARY:

A camp comprising regular dental screening along with a fastidious propagation of the adoption of cleanliness was organized by the Department of Public Health Dentistry, Chettinad Dental College and Research Institute. A total of 120 people were screened of which there were 70 males and 50 females. The screened population had an age distribution of 4 to 10 years. To surmise the generalized findings upon screening noted an exceedingly increased prevalence of dental caries and dental plaque induced gingivitis was noted.

Cleanliness is a virtue to be perennially upheld. Yet its diminishing value in today's society has put the health, growth and development of our society at its precipice. The myriad measures to capture the essence of cleanliness in everyday routine were expounded in a comprehensible manner.

The most invaluable and treasured wealth in today's world is good health. There are no qualms in stating that the primary way to attain this prized state of good health is through the noble act of cleanliness. Starting from self, home to community, all are but successive threads tethered to the stanchion leading to the apotheosis of good health if we dabble on the right path of cleanliness.



VILLAGE ADOPTION AWARENESS AND DENTAL SCREENING CAMP

Date: 19.03.2018

Venue: Vandalur German Coating Private Limited

Faculty: Dr Dilshad Banu

Organizing agency: CDCRI

Number of students attended: Six

SUMMARY:

A camp comprising regular dental screening along with the propagation of a communal purport of village adoption was organized by the Department of Public Health Dentistry, Chettinad Dental College and Research Institute. A total of 140 people were screened of which there were 90 males and 50 females. The screened population had an age distribution of 20 to 77 years. To surmise the generalized findings upon screening noted an exceedingly increased prevalence of dental caries, chronic generalized periodontitis and dental plaque induced gingivitis was noted.

In a country which boasts of unity in diversity, exiguous veracity is only prevalent in practice. A step which is exemplary of prospective implementation to close in on the paramount disparities between urban and rural way of life, this unique execution of village adoption marks the rendezvous between these diametrically opposite poles. Thus this provides a platform for comprehension, intervention and re establishment of social equilibrium.



PLANTATION AWARENESS AND DENTAL SCREENING CAMP

Date: 04.04.2018

Venue: Padur Alliance Constructions

Faculty: Dr Nagappan

Organizing agency: CDCRI

Number of students attended: Eight

SUMMARY:

A dental screening camp encompassing a campaign to inculcate the noble deed of sowing saplings and adding jewels to the crown of the biodiversity was organized by the Department of Public Health Dentistry. The screened population aged from 27 to 54 years. Of the total 140 screened, 70 were males and the rest were females. Dental caries and dental plaque induced gingivitis were noted in exceeding proportions upon screening.

The botanical biodiversity is a proficient cultural heritage of our nation. But its dwindling numbers are a capricious caveat for the Armageddon that is waiting to happen thanks to the reckless felling of trees. It is high time to repent for this decadent act and sow seeds today so that annihilation can be averted in the coming years.



BLOOD DONATION AWARENESS AND DENTAL SCREENING CAMP

Date: 09.04.2018

Venue: Ramalingaadigal trust, Kovilambakkam

Faculty: Dr Dilshad Banu

Organizing agency : CDCRI

Number of students attended: Eight

SUMMARY:

A regular dental screening camp was organized in Ramalingaadigal Trust, Kovilambakkam which was inclusive of a campaign to mobilize propagators for blood donation. A total of 146 people were screened of which 75 people belonged to the male gender while the rest were females. By and large, dental caries and chronic generalized periodontitis were found to be the principal dental findings of the screened population who were aged between 23 and 67.

Saving lives is a virtue of unparalleled magnanimity and to imbibe and emanate the same is a quality no less than divinity. Blood donation is such an ethereal practice that reaps benefits for the donor and heaps onto the receiver the supreme gift of life. To actively participate in this is a noble deed bequeathing an abode in paradise.



CLEANLINESS AWARENESS AND DENTAL SCREENING CAMP

Date: 12.04.2018

Venue: Ayanavaram, Spastic Society of Tamil Nadu

Faculty: Dr Nagaland T

Organizing agency: CDCRI

Number of students attended: Eight

SUMMARY:

A camp comprising regular dental screening along with emphasis on the practice and preaching of the noble dictum of cleanliness was organized by the Department of Public Health Dentistry, Chettinad Dental College and Research Institute. A total of 80 people were screened of which there were 47 males and 33 females. The screened population had an age distribution of 16 to 34 years. To surmise the generalized findings upon screening noted an exceedingly increased prevalence of dental caries, dental plaque induced gingivitis and chronic generalized periodontitis was noted.

A salubrious way is the right and the only way to lead life. Cleanliness is the sole thoroughfare leading to the paradise of health and a land where health prospers, productivity escalates, and thus growth and development peaks to unparalleled heights. Thus this virtue needs to be imbibed into every action that we undertake – for every thousand mile journey starts with the first step. It is the small acts of cleanliness which will add up and eventually leave a humongous impact for the betterment of the society.



AWARENESS PROGRAM ON TOBACCO CONSUMPTION AND ORAL SCREENING
CAMP

Date: 20.05.2018

Venue: CDCRI, Kelambakkam

Faculty: Dr Nagappan N

Organizing agency: CDCRI

Number of students attended: Seven

SUMMARY:

A camp comprising regular dental screening along with health education against the decadent abuse of tobacco and the encumberment of oral cancer it comes bearing was organized by the Department of Public Health Dentistry, Chettinad Dental College and Research Institute. A total of 147 people were screened of which there were 97 males and 50 females. The screened population had an age distribution of 20 to 67 years. To surmise the generalized findings upon screening noted, an exceedingly increased prevalence of dental caries, dental plaque induced gingivitis, chronic generalized periodontitis, partially edentulous dental arches and precancerous mucosal lesions like tobacco pouch keratosis and smoker's palate was noted.

The imminent corollary of tobacco abuse and the brunt borne by the health was elucidated and the sapience of habit cessation for the betterment of self, family and community was expounded in pristine manner. Drawing an example from their real lives, the oral manifestations they presented with were used as aids to etch in their minds the inception of the descent that is staring them in their eye which includes a compendium of keratotic and erythematous lesions in the oral cavity, oral cancer and precancerous lesions, lung cancer, chronic obstructive pulmonary disease. Methods of tobacco cessation were elaborated and the exigency of taking up the same at the earliest was propagated in a sonorous manner.



AWARENESS ON BLOOD DONATION

Date: 20-09-2017

Venue: B.K.M school, Kelambakkam

Faculty: Dr.Nagappan

Organising Agency: B.K.M school, Kelambakkam

No. of Students attended: Three

SUMMARY:

The Interns Posted in the Department of Public Health and Dentistry, Chettinad Dental College and Research Institute (CDCRI) conducted a blood donation camp. The attendees were encouraged to donate on regular basis. The benefits of blood donation were taught to the attendees. Then oral screening was done for the participants and depending on their needs, was referred to CDCRI for their respective treatments. AV's were showed to patients and they were educated on various aspects of dental problems. The referred patients were also followed up after their first visit to guide them along the course of treatment.



AWARENESS PROGRAM ON AIDS

Date: 09.08.2017

Venue: Queen Mary's college Chennai

Faculty: Dr.N.Nagappan

Organising agency: Queen Mary's college

No. of students attended: Seven

SUMMARY:

Today's young generation have never known a world without AIDS. To raise awareness among the public about AIDS, a dental screening camp was organized by the Department of Public Health Dentistry, Chettinad Dental College and Research Institute. All the individuals were screened. Interactive Health education was given to all of them with the use of AV aids. In between the session, a skit was performed by our students who attended the camp to create awareness about AIDS. Pamphlets prepared by our interns were distributed to the participants.



AWARENESS PROGRAM ON AIDS

Date: 05.01.2018

Venue: Padur, Mandarin Construction

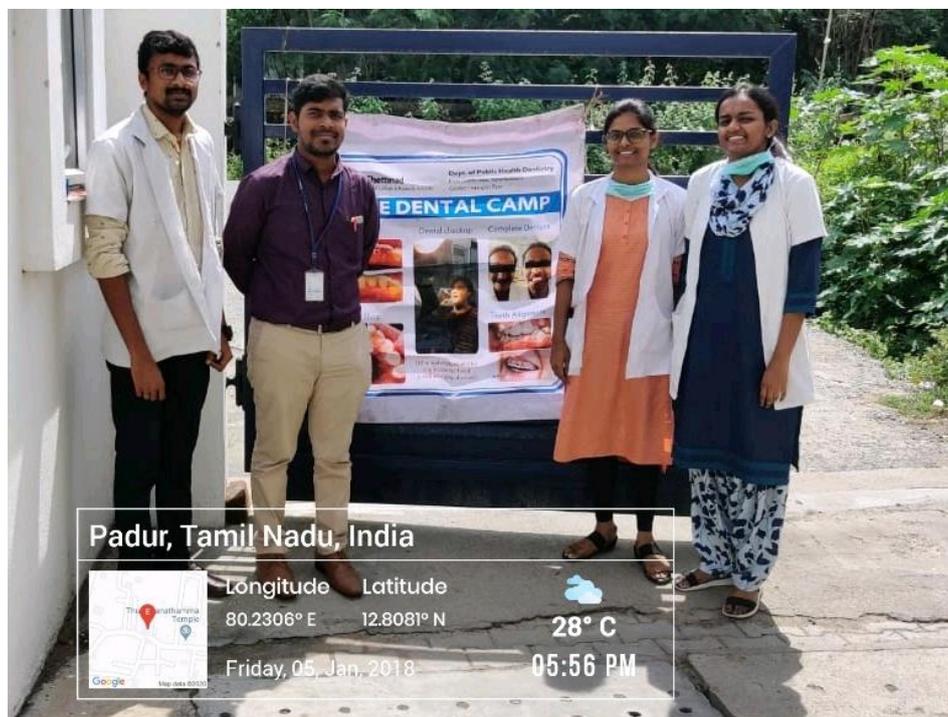
Faculty: Dr.Nagaland

Organising agency: Radiance

No. of students attended: Three

SUMMARY:

Because of the lack of education on AIDS discrimination, fear, panic and lies will be surrounded by the victims. To raise awareness among the public about AIDS, a dental screening camp was organized by the Department of Public Health Dentistry, Chettinad Dental College and Research Institute. About 350 individuals were screened. Dental caries was present in 40% and malocclusion in 10% of the population. So, the sequence of dental caries was explained to each and every individual with a model and were referred to our hospital. Health education was given to whole of the population in sections with the use of AV aids.



AWARENESS PROGRAM ON ROAD SAFETY

Date: 16.04.2018

Venue: Karpaga Vigneshwara Matric School, Ullagaram

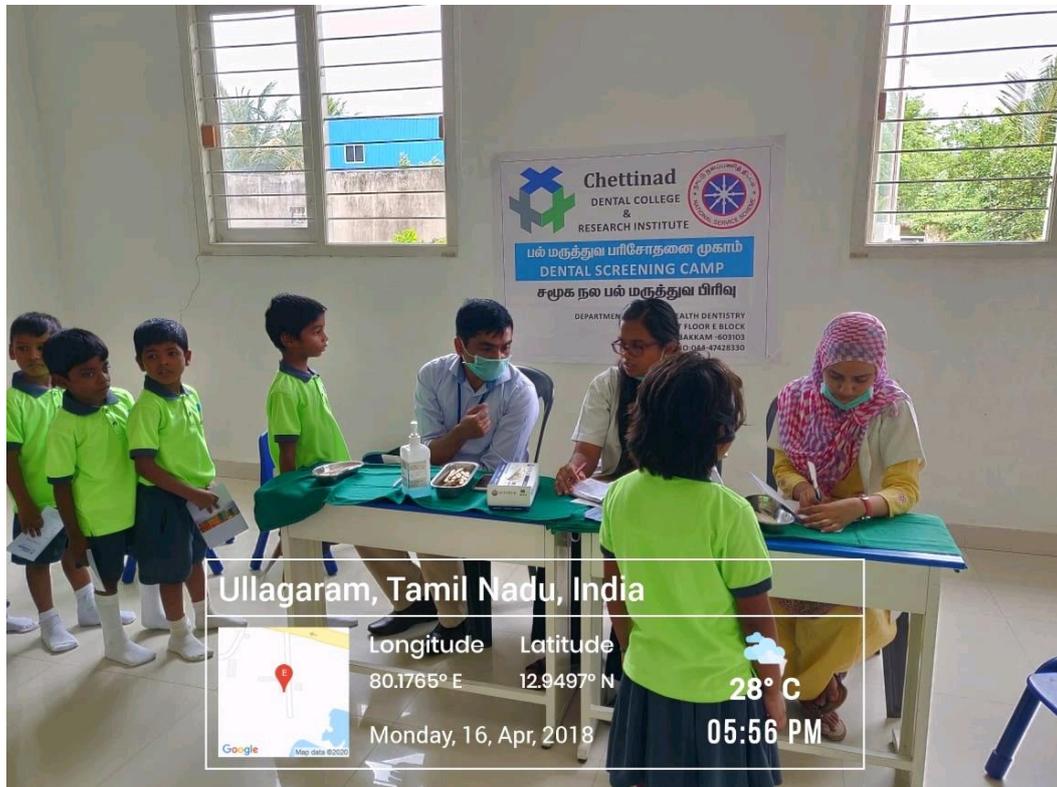
Faculty: Dr.Jagannatha

Organising agency: Residential Welfare Association

No. of students attended: Four

SUMMARY:

Drive as if every child on the street were you own. To raise awareness among the public about road safety, a dental screening camp was organized by the Department Of Public Health Dentistry, Chettinad Dental College And Research Institute . All the individuals were screened. The sequence of dental caries and periodontal diseases was explained to each and every individual with a model and were referred to our hospital. Health education was given to whole of the population in sections with the use of AV aids. At the end of the session, a Skit was performed by our students who attended the camp to create awareness about road safety. Pamphlets and badges were given to everyone who participated.



AWARENESS PROGRAM ON PLANTATION

Date:05-04-2018

Venue: Kanchipuram

Faculty: Dr.Daya

Organising Agency: CDCRI

No of Students Attended: Three

SUMMARY:

Planting trees connects children with nature shows them that their hard work and care can make a difference in the world. It inspires them to discover the natural world and nurture it. Along with guiding them on actions that they can take to help protect and preserve the environment. The Department of Public Health Dentistry, Chettinad Dental College and Research Institute have taken the initiative to conduct an awareness program on Plantation. Individuals were grouped in one place and proper education given about planting a sapling. Also screening program were conducted and oral hygiene education were given through A/V aids. Proper measures to maintain the environment were done.



AWARENESS PROGRAM ON PLANTATION

Date: 10-05-2018.

Venue: Karapakkam

Faculty: Dr. Jagannatha

Organising agency: Maran homes

No of Students Attended: Three

SUMMARY:

World plantation day celebrated around the globe that helps us remember that our gardens are beautiful and delicious and reminds us of the arrival of spring and to start thinking about gardening and growing healthy and nutritious food. The plantation drive is an opportunity to for children to connect with nature in a fun and practical way to learn about trees and the role they play in the health of the environment and the community. Plantation is one the important thing man could do to save his environment. Plants help in maintain the environment keeping it in balance. The Department of Public Health Dentistry, Chettinad Dental College And Research Institute has taken the initiative to conduct an awareness program on Plantation. Individuals were grouped in one place and proper education given about planting a sapling. Also screening program were conducted and oral hygiene education were given through A/V aids.



AWARENESS PROGRAM ON PLANTATION

Date: 13-03-2018

Venue: Chengalpattu

Faculty: Dr.Nagaland

Organising Agency: Asha homes

No of Students Attended: Three

SUMMARY:

Plants help in maintain the environment keeping it in balance. The Department of Public Health Dentistry, Chettinad Dental College And Research Institute has taken the initiative to conduct an awareness program on Plantation. Individuals were grouped in one place and proper education given about planting a sapling Also screening program were conducted and oral hygiene education were given through A/V aids.



AWARENESS PROGRAM ON POPULATION CONTROL

Date: 21-12-2017

Venue: Kanchipuram

Faculty: Dr.Nagappan

Organising Agency: Aaradhya homes

No of Students Attended: Three

SUMMARY:

Population Control awareness camp was given by Chettinad Dental College and Research Institute to the camp participants. We explained about what are the disadvantages of over population, impact of urbanization, population density of varies states of India, what the measures are taken by our government, explained about population control measures. At the time of awareness program we also conducted oral screening camp. Individuals in need of dental treatment were referred to Chettinad Dental College and Research Institute.



AWARENESS PROGRAM TO HAVE A CLEAN ENVIRONMENT

Date: 15.03.2018

Venue: Queen Marys College, Chennai

Faculty: Dr.N.Nagappan

Organising agency: Rotary Club of Noolambur

No. Of students attended: Four

SUMMARY:

We won't have a society if we destroy the environment. To raise awareness among the public about having a clean environment, camp was organized by the Department Of Public Health Dentistry, Chettinad Dental College And Research Institute. Public crowd participated in the camp. Almost all of them actively participated in the cleaning of our surrounding. In between the program, the participants were screened in groups. Dental caries was present in 40% of the population. So, the sequence of dental caries was explained to each and every individual with a model. Health education was given to whole of the population in sections with the use of AV aids. They were also referred to CDCRI.



AWARENESS PROGRAM ON AIDS

Date: 09.11.2017

Venue: Vasan Construction, Velachery

Faculty: Dr.N.Nagappan

Organising agency: Vasan Construction

No. of students attended: Five

SUMMARY:

When something has no cure, prevention is better than cure. To raise awareness among the public about AIDS, a dental screening camp was organized by the Department of Public Health Dentistry, Chettinad Dental College and Research Institute. All individuals were screened. Dental caries was present in 80% of the population. So, the sequence of dental caries was explained to each and every individual with a model and were referred to our hospital. Health education was given to whole of the population in sections with the use of AV aids. At the end of the session, a skit was performed by our students who attended the camp to create awareness.



AWARENESS PROGRAM ON AIDS

Date: 24.07.2017

Venue: Mahindra City, kelambakkam

Faculty: Dr.Nagappan N

Organising agency: Labour Association

No. of students attended: Four

SUMMARY:

AIDS is still a leading cause of death in many places of the world. It leaves children orphaned and vulnerable. To create awareness among the public about AIDS, a dental screening camp was organized by the Department of Public Health Dentistry, Chettinad Dental College and Research Institute. All the individuals were screened. Dental caries was present in 60% of the population. So, the sequence of dental caries was explained to each and every individual with a model and were referred to our hospital. Health education was given to whole of the population in sections with the use of AV aids and the individuals were referred to CDCRI. At the end of the session, a skit was performed by our students who attended the camp to create awareness.



AWARENESS PROGRAM ON VILLAGE ADOPTION

Date: 05-02-2018

Venue:Aalathur

**Faculty:Dr.Nagaland
College and Research Institute**

Organising Agency: Chettinad Dental

No of Students Attended: Six

SUMMARY:

Village adoption is an important event in a public health sector. It is due responsibility of the sector and very good initiative by the volunteers of the sector. Sansad Adarsh Gram Yojana is a rural development program broadly focussing upon the development in the villages which include social development, cultural development and spread motivation among the people on social mobilisation of the village community. The Department of Public health Dentistry, Chettinad Dental College and Research Institute has done campaign. Individuals were examined and oral hygiene instructions were given through A/V aids.

