

## CURRICULUM VITAE

### PERSONAL DATA

NAME: Dr.V. Anita

DATE OF BIRTH: 05/07/1975

NATIONALITY: INDIAN

### CONTACT DETAILS

CONTACT ADDRESS: 5/63, Bridgewood A-1303,  
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### EDUCATIONAL QUALIFICATIONS:

FIELD OF SPECIALISATION : **Periodontics**

S.No	Qualifications	Year	University	Country
1.	BDS	1997	Bangalore	India
2.	MDS	2004	TN.DR.M.G.R.MEDICAL University	India
3.	MFDSRCPS	2017	Royal College Of Physicians And Surgeons Of Glasgow	United Kingdom

### ACADEMIC AWARDS:

- 1.**Dr.K.L.Baby Award for thebest article** titled“Melanin Depigmentation of gingiva - A case report” by Kerala Dental Association.
- 2.**Best Paper National Award (Coastal Andhra Award)in Periodontics** on “A case report –Coverage of Lingual Recession with GTR” in the 63rd National Conference of Indian Dental Association.

**3.Dr.J.G.Kannappan award for the best scientific article on** Comparative evaluation of natural curcumin and synthetic chlorhexidine in the management of chronic periodontitis as a local drug delivery: A clinical and microbiological study in the National conference of Indian Society of Dental Research held in Delhi 2015.

**MEMBERSHIP OF PROFESSIONAL BODIES:**

**1.Board Of Studies Member In Rajiv Gandhi University For Undergraduation**

**2.Editorial Board Member: Indian Society For Dental Research**

**3.Editorial Board Member : Chettinad Medical Journal**

**CAREER DETAILS:**

<b>S.NO</b>	<b>DESIGNATION</b>	<b>INSTITUTION</b>	<b>PERIOD</b>
1.	CONSULTANT PERIODONTIST	<b>APOLLO DENTAL CLINIC</b>	<b>2004 To 2006</b>
2.	CONSULTANT PERIODONTIST	<b>BALAJI CRANIOFACIAL HOSPITAL</b>	<b>2005 to 2010</b>

<b>1</b>	Consultant /Sr.Lecturer	Meenakshi Ammal Dental College	4.10.2004-4.10.2007
<b>2</b>	Consultant/Reader	Meenakshi Ammal Dental College	5.10.2007-23.02.2009
<b>3</b>	Consultant/Reader	Chettinad Dental College & Research Institute	24.02.2009-5.11.2012
<b>4.</b>	Consultant/Professor & Head	Chettinad Dental College & Research Institute	6.11.2012- till date

Joined Meenakshi Ammal Dental College as a Senior Lecturer from 2004-2007.Worked as a consultant periodontist in Apollo dental clinic from 2004-2006.Worked as a consultant periodontist in Balaji Craniofacial Hospital from 2005 to 2010. Worked as a Consultant/Senior Lecturer in Meenakshi Ammal Dental College from 2004-2007 and as a Reader in the same College from 2007-2009.Then worked as a Consultant/Reader in Chettinad Dental College and Research Institute from 2009-2012 and then continued as a Professor and Head in Chettinad Dental College and Research Institute till date.

## **Teaching Experience:**

1. Teaching undergraduate students from 2004 to till date
2. Taught Post Graduates from 2004-2009.
3. Research Guide from 2004 to till date.

## **RESEARCH:**

### **SCIENTIFIC ACTIVITY:**

#### **Publications:**

1. Dr.V. Anitha, Dr.Srilakshmi, Dr.T.Ramakrishnan, Dr.Pamela Emmadi, Dr.N.Ambalavanan, Occurrence of gingival overgrowth in post renal transplant patients treated with cvclosporine -A and its possible associations with periodontal and pharmacological variables.JIAPHD 2007; 10: 90-95.
2. Dr.R.Vijayalakshmi, Dr. V. Anitha, Dr. Biju Mammen, Dr.T.Ramakrishnan, Dr. R. Saravanakumar ,Periodontal status of cleft lip and palate patients - a case series.JIAPHD 2007;10:81-89.
3. Dr.Bhavana, Dr.V.Anitha, Dr.Uma Sudhakar, R.Vijayalakshmi,Periodontal vaccines- An overview .JIAPHD 2007; 10:96-100.
4. Dr.R.Vijavalakshmi,Dr.T.Ramakrishnan,Dr.N.Ambalavanan,Dr.Pamela Emmadi, Dr. V. Anitha, Dr. Bhavana et al.,Is there an association between periodontal disease and acute mvocardial infarction? A cross-sectional study.Periodontal practice today 2008; 5 (1): 57-63.
5. Dr.Rajaram Vijayalakshmi,Dr.Sudhakar Uma,Dr.Ravindran Saravana Kumar,Dr.Thyagarajan Ramakrishnan,Dr.Pamela Emmadi,Dr.Vijayarangan Anita ,Double lateral sliding bridge flap for the coverage of denuded roots: two case reports. PERIO 2008;5(1):29-33.
6. Dr.Bhavana, Dr. V. Anitha, Dr. R. Vijavalakshmi, Dr. T. Ramakrishnan, Dr. Vikram Bali.Papillon-Lefevre syndrome - Evidence based report.Pakistan Oral and Dental Journal 2008; 27:175- 178.
7. V Anitha, R Vijayalaskhmi, J Bhavna, T Ramkrishnan, Vikram Bali,Double Laterally Rotated Bilayer Flap Operation for Treatment of Gingival Recession: A Report of Two Cases. Journal of indian society of periodontology 2008;12(2):51-54.
8. R Vijayalakshmi, V Anitha,Ramakrishnan,UmaSudhakarEvidence-based periodontal therapy-An overview.Journal of Indian Society of Periodontology 2009;12(3):62.
9. Dr.ShivakumarV,Dr.V.Gopinath,Dr.R.SaravanKumar,Dr.V.Anita,Dr.M.Shanmugam,A cross sectional study on the prevalence and determinants of dental caries among school children of Padur .JIAPH 2011;18(3):1138-1143.
10. Dr.Saravana Kumar,Dr.Anita,Dr.Divya Loganathan,Dr.Shanmugam M,Dr.Shivakumar.V,Prevalence of Malocclusion and its correlation with incidence of caries and periodontal disease.JIAPHD 2011; 18(3) ; 999-1003.

11. Dr.Gopinath,Dr.Shivakumar,Dr.SaravanaKumar,Dr.AnithaV,Dr.Shanmugam M,Dr.Kannan I.A cross sectional study of awareness of dental hygiene among school children in Chennai- JIAPHD. 2011; 18(II):690-696.
12. Dr.Shanmugam M,Dr.V.Shivakumar,Dr.V.Anitha,Dr.B.Shivakumar,Clinical evaluation of Alloderm for root coverage and color match. Journal of Indian Society of Periodontology 2012;16(2):218-223.
13. Dr.V.Gopinath,Dr.V.Shivakumar,Dr.V.Anita,Karpagam Obesity and periodontics-A review.Indian journal of multidisciplinary dentistry 2012;1(2):430-434.
14. Anitha V, Shivakumar V, Rajesh P, Shanmugam M, Meena Priya B, Amritha et al The frequency of medically compromised patients visiting Chettinad Dental College and Research Institute - A retrospective study:Chettinad health City medical journal 2013; 12 (4) : 110-112.
15. Dr.V.Anitha,Dr.V.ShivaKumar,Dr.M.Shanmugam,Dr.R.Saravana Kumar Dental Implants with simultaneous Guided Bone Regeneration.Chettinad Health City Medical Journal 2012;1(3):128-130.
16. Dr.B.Meena Priya, Dr.V.ShivaKumar, Dr.V.Anitha, Dr.M.ShanmugamDiabetes & Dental diseases .Chettinad Health City Medical Journal 2012;1(4):188-191.
17. Dr. Shanmugam M , Dr. Shivakumar V, Dr. Anitha V, Dr.Meena Priya. A rare combination of supernumerary tooth with aggressive periodontitis. Chettinad health City medical journal 2013; 2(3):96-98.
18. Dr.M.Shanmugam, Dr.V.Shivakumar, Dr.V.Anitha, Dr.B.Meena Priya, Dr.Aishwaryam Dr.R.Anitha. Behavioural patterns during dental pain in intellectually disabled children. ISRN 2014,ID 826125:1-5.
19. Dr.Meena Priya, Dr. Anitha V, Dr. Shanmugam M,A stitch in time saves nine. Chettinad health City medical journal 2014 ; 3(3): 129 – 132.
20. Anitha V, Rajesh P, Shanmugam M, Priya B M, Prabhu S, Shivakumar V. Comparative evaluation of natural curcumin and synthetic chlorhexidine in the management of chronic periodontitis as a local drug delivery: A clinical and microbiological study. Indian J Dent Res 2015;26:53-6 .
21. Shanmugam M, Shivakumar B, Meenapriya B, Anitha V, Ashwath B. Clinical evaluation of expanded mesh connective tissue graft in the treatment for multiple adjacent gingival recessions in the esthetic zone. Contemp Clin Dent 2015;6:321-6.
22. Dr.Meena Priya,Dr.V.Anita,Dr.M.Shanmugam,Dr.B.Ashwath,Suganthi D Sylva,SK Vigneshwari,Efficacy of Chlorhexidine and Green tea mouthwashes in the management of dental plaque induced gingivitis – a comparative clinical study. Contemp Clin Dent 2015; 6(4):505-509.
23. B. Meena Priya, V. Shivakumar, V. Anitha, M. Shanmugam, G. Tejasri, S. Vidhu. Career perspective among dental professionals in Tamil Nadu. Journal of education and ethics in dentistry 2014;4(2):61-64.

24. Anitha V, Rajesh P, Shanmugam M, Priya B M, ShivakumarV. Estimation of high sensitivity C reactive protein in patients with periodontal disease and without coronary artery disease. Indian Journal of dental research 2015; 26(5): 500-503.
25. Anesthetic efficacy of 4% articaine and 2% lignocaine in achieving palatal anesthesia following a single buccal infiltration during periodontal therapy: A randomized double-blind split-mouth study. J Anaesthesiol Clin Pharmacol 2018;34:107-10.

**PRESENTATIONS:**

Category	Topics
Poster presentation	Dentocon 2003, <b>Chair Side Assays for periodontal disease activity</b> , 21 st Tamil Nadu State Dental Conference, 29 and 30 Nov, 2003.
Paper presentation	58 <sup>th</sup> Indian Dental Conference on <b>Periodontal Plastic surgery</b> , 22-25, Jan 2004.  63 <sup>rd</sup> Indian Dental Conference on <b>Lingual Recession Coverage- A reality</b> , 12-14, 2010.
Guest Speaker	63 <sup>rd</sup> Indian Dental Conference, Key Note address on <b>Dental Implantology</b> , 2010, Chennai.  Indian Dental Conference, Rajasthan, 2010, Bikaner on <b>Guided Bone Regeneration</b> .  Seychelles International Dental Conference, <b>Future Perspectives of Reconstructive Periodontal Surgery</b> 26th-27th March 2015.  28 th National Conference of ISDR in ITS center for Dental studies and Research, Ghaziabad held on 20-22 november ,2015 on <b>Future perspectives in Periodontology</b>  <b>PERIOQUEST-DEMYSTIFYING THE CASE HISTORY DIALEMMA CDE PROGRAM</b> organised by Department of Periodontics on 24 june 2016 at Sri Venkateshwara Dental College.

<b>Chair Person</b>	<p>63<sup>rd</sup> Indian Dental Conference, 12-14, 2010.</p> <p>23<sup>rd</sup> National Conference of ISDR, 7<sup>th</sup> Jan, 2011.</p> <p>19<sup>th</sup> ISP Conference held at Chennai trade center</p>
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**CONFERENCES ATTENDED:**

S.No	CONFERENCES ATTENDED
1.	26 <sup>th</sup> Indian Society of periodontology, National Conference, 22-23 Dec-2001, Trivandrum.
2	Indian Society of periodontology, post graduate workshop, 13-14 July, 2002, Chennai.
3	27 <sup>th</sup> Indian Society of periodontology, National Conference, Mount Abu, Rajasthan, 22-24 Nov-2002.
4	<b>Dentocon</b> 21 <sup>st</sup> Tamil Nadu State Dental Conference, 29-30 Nov, 2003, Ooty.
5	57 <sup>th</sup> Indian Dental Conference, Kochi, 23-26 Jan, 2003.
6	Bangalore Academy of Periodontology (Periodarshan) 6-7 <sup>th</sup> Dec-2003, Sri Ramachandra Dental college, Chennai.
7	CDE on 14-15 <sup>th</sup> June 2003, Govt Dental college, Trivandrum, Kerala.
8	58 <sup>th</sup> Indian Dental Conference, Vijayawada, Andhrapradesh, 22-25 Jan 2004.
9	Inter collegiate PG education program, 31 <sup>st</sup> Jan 2004, Ragas Dental college, Chennai.
10	<b>Asia Pacific Society of Periodontology</b> , 4 November-2005, Chennai.

<b>11</b>	National Symposium on <b>Current Concepts in periodontology</b> , Meenakshi Ammal Dental College, 2-3 Sep, 2006.
<b>12</b>	<b>International Workshop on Dental Education</b> . 24-26, 2006, Chennai.
<b>13</b>	<b>Oral Health care and aids</b> Workshop, Chennai, 11-12 March 2006.
<b>14</b>	Dental education program in <b>Dental Implantology</b> 7 <sup>th</sup> Feb-2006, Meenakshi Ammal Dental college, Chennai.
<b>15</b>	The Endo day, lecture on <b>Endodontics</b> conducted by IDA madaras branch, 18 <sup>th</sup> March 2007, Chennai.
<b>16</b>	<b>6<sup>th</sup> National Post graduate workshop</b> , Trivandrum, 14-15 July 2007.
<b>17</b>	<b>Perio-interactions</b> , CDE, 2008, Chennai,
<b>18</b>	<b>CDE program ON post and Core on 14 August 2008 at Sri Ramachandra Dental college</b> , Chennai.
<b>19</b>	<b>Posterior composite-a sensitive issue</b> , 25 <sup>th</sup> sep -2008, Sri Ramachandra Dental college, Chennai.
<b>19</b>	First international Conference on <b>Thesis writing and scientific publication</b> , Feb 6-7, 2008. Chennai.
<b>20</b>	5 <sup>th</sup> Toma Conference, 21-22 Nov, 2009, Chennai.
<b>21</b>	1 <sup>st</sup> National Workshop on <b>Ethical issues in medical, Dental research and publication</b> , ISDR, Chennai, 30 <sup>th</sup> Aug 2009.
<b>22</b>	<b>Periodontal and peri-implant soft tissue management</b> 18 <sup>th</sup> to 19 <sup>th</sup> dec-2009, Meenakshi Ammal Dental college, Chennai.
<b>23</b>	<b>63<sup>rd</sup> Indian Dental Conference</b> , Chennai, 12, 13, 14 February, 2010.
<b>24</b>	<b>International Academy of periodontology</b> , regional meeting, 27-28, 2010 at Sri Ramachandra University, Chennai.
<b>25</b>	<b>Indian Dental Conference</b> , Rajasthan, 9-10 2010, Bikaner.
<b>26</b>	<b>Dental Council of India Scientific symposium</b> , Diamond Jubilee Celebration, 30 <sup>th</sup> Jan 2010

27	4 <sup>th</sup> CDE Organised by IDA, Madras Branch, Periodontics for General Dental Practitioner, 2010.
28	<b>23 rd National Conference of ISDR</b> in Chennai,8&9 Jan,2011
29	<b>24 th National Conference of ISDR</b> in Madurai,14-16 oct 2011
30	<b>Outreach- A catalyst towards improved education outcomes- NAAC sponsored seminar 2012</b>
31	<b>National Informatics Center ,New Delhi and journal of Oral and Maxillofacial pathology</b> ,Jan 21 st 2012,Ragas Dental College Chennai
32	<b>RESEARCH METHODOLOGY on 24 july 2013 at Chettinad Dental College and Research Institute.</b>
33	<b>Challenges in Dentistry symposium-Scope 2014</b> at Sathyabama University.
34	<b>28 th National Conference of ISDR in ITS center for Dental studies and Research,</b> Ghaziabad held on 20-22 november ,2015.
35.	<b>National seminar on Examination and evaluation reforms in Health sciences conducted by Internal Quality Assurance Cell</b> on 23 March 2015
36	<b>Minimally Invasive Dentistry by Prof.Hemamalathi S</b> at Chettinad Dental College and Research Institute on 12 March 2015
37	<b>ICOI-4 th South East Asian Implant Conference on 24 october 2015</b> in Chettinad Dental College and Research Institute
38	<b>Evidence based Dentistry</b> by the Department of Orthodontics and Dentofacial Orthopaedics on 1 july 2015 at Chettinad Dental College and Research Institute
39	<b>PERIOSHIKSHA on CONTROVERIES IN PERIODONTICS</b> on 28 April 2016 at Chettinad Dental College and Research Institute
40	<b>Direct Composite artistry</b> by Prof.Deepak Mehta by the Department of Endodontics on 22 June 2016 at Chettinad Dental College and Research Institute
41	<b>PERIOQUEST-DEMISTIFYING THE CASE HISTORY DIALEMMA CDE PROGRAM</b> organised by Department of Periodontics on 24 june 2016 at Sri Venkateshwara Dental College.
42	<b>PERIOQUEST- CDE PROGRAM ON DIAGNOSIS AND MANAGEMENT OF MUCOGINGIVAL DEFECTS</b> on 6 september 2016 at Sri Venkateshwara Dental College.
43	<b>ISP COLLOQUIUM SERIES</b> on 9- 10 september 2016 at Tagore Dental College and Hospital.

<b>44</b>	<b>19 ISP CONFERENCE HELD AT CHENNAI TRADE CENTER</b>
<b>45</b>	<b>CDE- Understanding 2018 classification of periodontal disease- SRM dental college -6.12.2018 ,7.12.2018</b>
<b>46</b>	<b>Organized and conducted –CDE program on Lasers in Periodontics- CDCRI 23.01.2019</b>
<b>47</b>	<b>6<sup>th</sup> star summit- Saveetha dental college 30.01.2019 as a judge for Postgraduate research papers</b>